

Week 1 Monday

DAILY ALLERGY BRIEFING

UNIT NAME: Flegg High School

MENU ITEM	Peanuts	Nuts	Cereals (containing gluten)	Milk	Sesame	Soy/Soya	Mollusc	Sulphur Dioxide	Mustard	Celery	Fish	Lupin (EU common)	Eggs	Crustaceans
Sweet & Sour Chicken			X											
Rice														
Prawn crackers														X
Vegetable Sweet & Sour														
Vanilla sponge			X										X	
Custard				X										

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Week 1 Tuesday

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MENU ITEM	Peanuts	Nuts	Cereals (containing gluten)	Milk	Sesame	Soy/Soya	Mollusc	Sulphur Dioxide	Mustard	Celery	Fish	Lupin (EU common)	Eggs	Crustaceans
Lasange			X	X		M		M	M				M	
Coleslaw													X	
Garlic bread			X											
Vegetable Lasange			X	X		M		M					M	
Lemon Drizzle			X										X	
Cream														
Falafel Pitta			X											

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Week 1 Wednesday

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MENU ITEM	Peanuts	Nuts	Cereals (containing gluten)	Milk	Sesame	Soy/Soya	Mollusc	Sulphur Dioxide	Mustard	Celery	Fish	Lupin (EU common)	Eggs	Crustaceans
Katsu Curry	M	M				X								
Rice														
Quorn Katsu Curry	M													
Naan Bread			X											
Spinach & Sweet Pot Curry	M													
Saucy Jaffa Cake			X										X	
Custard			X	X										

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Week 1 Thursday

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MENU ITEM	Peanuts	Nuts	Cereals (containing gluten)	Milk	Sesame	Soy/Soya	Mollusc	Sulphur Dioxide	Mustard	Celery	Fish	Lupin (EU common)	Eggs	Crustaceans
Gravy			X	M		M			M	M			M	
Yorkshire pudding			X	X									X	
Fruit Crumble			X											
Roasted stuffed pepper				X										
Beetroot Burger			X		X									
Custard			X	X										

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Week 1 Friday

DAILY ALLERGY BRIEFING

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MENU ITEM	Peanuts	Nuts	Cereals (containing gluten)	Milk	Sesame	Soy/Soya	Mollusc	Sulphur Dioxide	Mustard	Celery	Fish	Lupin (EU common)	Eggs	Crustaceans
Fried Fish			X	X							X			
Chips			MAY											
Quiche			X	X									X	
Vegan Pulled Jackfruit								X						
Jam Sponge			X										X	
Custard			X	X										
Chicken Nuggets			X											

SIGN BELOW WHEN BRIEFED:

Week 2 Monday

DAILY ALLERGY BRIEFING

UNIT NAME: Flegg High School

MENU ITEM	Peanuts	Nuts	Cereals (containing gluten)	Milk	Sesame	Soy/Soya	Mollusc	Sulphur Dioxide	Mustard	Celery	Fish	Lupin (EU common)	Eggs	Crustaceans
Chicken Balti		M							X					
Naan bread			X											
Vegetable Curry		M							X					
Beatroot Burger														
Chocolate Sponge			X										X	
Custard			X	X										

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Week 2 Tuesday

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MENU ITEM	Peanuts	Nuts	Cereals (containing gluten)	Milk	Sesame	Soy/Soya	Mollusc	Sulphur Dioxide	Mustard	Celery	Fish	Lupin (EU common)	Eggs	Crustaceans
Marinated BBQ Chicken			X			X			M	M				
Cube potatoes			X											
Coleslaw													X	
BBQ Quorn Fillet			X										X	
Chocolate Brownie			X										X	
Custard		X	X											

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MENU ITEM	Peanuts	Nuts	Cereals (containing gluten)	Milk	Sesame	Soy/Soya	Mollusc	Sulphur Dioxide	Mustard	Celery	Fish	Lupin (EU common)	Eggs	Crustaceans
Hunter Chicken			X	X										
Quorn Hunters			X	X				X						
Wedges														
BBQ Beans			X											
Sweet Pot Burrito			X											
Treacle Tart			X											
Custard			X	X										

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Gravy			X	M		M			M	M			M	
Yorkshire pudding			X	X									X	
Corn Fillet													X	
Pear Crumble			X											
Custard			X	X										
Beetroot Burger			X											
Falafel Wrap			X											

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Fried Fish			X	X							X			
Chips			MAY											
Quiche			X	X									X	
Vegan Pulled Jackfruit								X						
Dessert Cake			X	X									X	
Custard			X	X										
Chicken nuggets			X											

SIGN BELOW WHEN BRIEFED:

Week 3 Monday

DAILY ALLERGY BRIEFING

UNIT NAME: Flegg High School

MENU ITEM	Peanuts	Nuts	Cereals (containing gluten)	Milk	Sesame	Soy/Soya	Mollusc	Sulphur Dioxide	Mustard	Celery	Fish	Lupin (EU common)	Eggs	Crustaceans
Chicken Stir Fry			X	X									X	
Prawn Crackers														X
Quorn Stir Fry			X	X										X
Vanilla Jam Sponge														
Custard														

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Week 3 Tuesday

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MENU ITEM	Peanuts	Nuts	Cereals (containing gluten)	Milk	Sesame	Soy/Soya	Mollusc	Sulphur Dioxide	Mustard	Celery	Fish	Lupin (EU common)	Eggs	Crustaceans
Beef Chilli			M	M		M		M	M	M				
3 Bean Chilli														
Rice														
Sticky Toffee Pudding			X	X									X	
Custard			X	X										

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MENU ITEM		Nuts	Cereals (containing gluten)	Milk	Sesame	Soy/Soya	Mollusc	Sulphur Dioxide	Mustard	Celery	Fish	Lupin (EU common)	Eggs	Crustaceans
BBQ Pulled Pork			X			X			M					
Sweet Potato Curry		M						M	M					
Wedges													X	
Custard			X	X										
Cornflake Crunch			X	X										
Quorn Fillet bites			X											

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Week 3 Thursday

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MENU ITEM	Peanuts	Nuts	Cereals (containing gluten)	Milk	Sesame	Soy/Soya	Mollusc	Sulphur Dioxide	Mustard	Celery	Fish	Lupin (EU common)	Eggs	Crustaceans
Gravy			X	M		M			M	M			M	
Yorkshire pudding			X	X									X	
Melty Cheese Pie				X										
Roast potatoes Paprika														
Chocolate Brownie			X										X	
Custard			X	X										

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Week 3 Friday

DAILY ALLERGY BRIEFING

UNIT NAME: Flegg High School

DAY / DATE: /

MENU ITEM	Peanuts	Nuts	Cereals (containing gluten)	Milk	Sesame	Soy/Soya	Mollusc	Sulphur Dioxide	Mustard	Celery	Fish	Lupin (EU common)	Eggs	Crustaceans
Fried Fish			X	X							X			
Chips			MAY											
Pasta Bake			X	X										
Vegan Pulled Jackfruit								X						
Dessert Cake			X	X									X	
Custard			X	X										
Chicken Nuggets			X											

SIGN BELOW WHEN BRIEFED:

Sub Station

DAILY ALLERGY BRIEFING

UNIT NAME: Flegg High School

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