

Lunch at Flegg High Ormiston Academy

Week Commencing: 24th Feb & 17th March



MONDAY Mini Meal £1.20 Main Meal £2.40

Main—All Day Breakfast, bacon, sausage, hashbrown & beans

Vegetarian—Veggie Breakfast, Quorn sausage, beans, hashbrown

Vegan—3 Bean Chill Served with rice

Chilled Pasta—Tuna & Sweetcorn, Tomato or Bacon & Peppers

Salad Box—Tuna Salad Box

Hot Dessert— Vanilla Sponge Served Custard

TUESDAY

Main—Beef Lasagne served garlic bread & coleslaw

Vegetarian—Vegetable Lasagne Served garlic bread & coleslaw

Vegan—Falafel Pitta served with salad

Chilled Pasta—Tuna & Sweetcorn, Tomato or SFC

Salad Box—Ham & Cheese Salad Box

Dessert —Lemon Drizzle Cake Served with cream

WEDNESDAY

Main—Katsu Curry Served with rice & naan bread

Vegetarian—Quorn Fillet Katsu Served with rice & naan bread

Vegan—Sweet potato & spinach Curry served with rice

Chilled Pasta—Tuna & Sweetcorn, Tomato or Bacon & Peppers

Salad Box—Quiche Salad Box

Hot Dessert— Saucy Jaffa cake with orange chocolate sauce

THURSDAY

Main—Roast Of The Day Served with all the trimmings

Vegetarian—Roasted Stuffed Pepper Stuffed with vegetable risotto

Vegan—Beetroot, Red pepper & Quinoa Burger

Chilled Pasta—Tuna & Sweetcorn, Tomato or Bacon & Peppers

Salad Box—Chicken Caesar Salad Box

Hot Dessert—Rhubarb Crumble Served with Custard

FRIDAY

Main—Fish & Chip Friday Served with chip, beans or Curry sauce

Vegetarian—Cheese & tomato Quiche With chips & beans

Vegan—Jackfruit Burger with salad

Hot Dessert—Dessert Of The Day Served with custard

Lunch at Flegg High Ormiston Academy

Week Commencing: 3rd March & 24th March



MONDAY Mini Meal £1.20 Main Meal £2.40

Main—Chicken Tikka with rice & Mini Naan Breads

Vegetarian—Tikka Vegetable Curry Served rice & Mini Naan

Vegan—Beetroot, Red pepper & quinoa Burger Served salad

Chilled Pasta—Tuna & Sweetcorn, Tomato or Bacon & Peppers

Salad Box—Tuna Salad Box

Hot Dessert— Chocolate Sponge Served with chocolate sauce

TUESDAY

Main—BBQ Chicken Thigh – with cube potatoes & coleslaw

Vegetarian—BBQ Quorn Fillet with cube potatoes & coleslaw

Chilled Pasta—Tuna & Sweetcorn, Tomato or Bacon & Peppers

Salad Box—Ham & Cheese Salad Box

Hot Dessert—Chocolate Brownie Served with orange custard

WEDNESDAY

Main—Chicken Fajitas - Served with wedges and salsa

Vegetarian—Quorn Fajitas - Served with wedges & salsa

Vegan—Falafel Wrap

Chilled Pasta—Tuna & Sweetcorn, Tomato or Bacon & Peppers

Salad Box—Quiche Salad Box

Hot Dessert— Syrup Sponge Served with Custard

THURSDAY

Main—Roast Of The Day Served with all the trimmings

Vegetarian—Quorn Fillet Roast With all the trimmings

Vegan—Paprika Roast Potatoes

Chilled Pasta—Tuna & Sweetcorn, Tomato or Bacon & Peppers

Salad Box—Chicken Caesar Salad Box

Hot Dessert—Coffee Cake Served with Custard

FRIDAY

Main—Fish & Chip Friday Served with chip, beans or mushy peas

Vegetarian—Homemade Quiche With chips, beans or mush peas

Hot Dessert—Dessert Of The Day Served with custard

Lunch at Flegg High Ormiston Academy

Week Commencing: 10th March & 31st
March



MONDAY Mini Meal £1.20 Main Meal £2.40

Main—Chicken Tomato Pasta bake Served garlic bread

Vegan—Quorn Bolognaise Served with pasta twists & garlic bread

Chilled Pasta—Tuna & Sweetcorn, Tomato or Bacon & Peppers

Salad Box—Tuna Salad Box

Hot Dessert— Jam Sponge Served with Custard

TUESDAY

Main—Sausage & Mash served with peas, gravy & crispy onions

Vegetarian—Quorn Sausage & mash served with peas & gravy

Vegan— Falafel Pitta, filled with mixed salad

Chilled Pasta—Tuna & Sweetcorn, Tomato or Bacon & Peppers

Salad Box—Ham & Cheese Salad Box

Hot Dessert —Sticky Toffee Pudding Served with toffee custard

Wednesday

Main— Jerk Chicken served rice & corn on the cob

Vegan—Sweet potato & Coconut Curry Served with rice

Chilled Pasta—Tuna & Sweetcorn, Tomato or Bacon & Peppers

Salad Box—Quiche Salad Box

Hot Dessert— Cornflake crunch with Custard

THURSDAY

Main—Roast Of The Day Served with all the trimmings

Vegetarian—Melly Cheese & Potato Pie With all the trimmings

Vegan—Jacket Potato with BBQ Beans

Chilled Pasta—Tuna & Sweetcorn, Tomato or Bacon & Peppers

Salad Box—Chicken Caesar Salad Box

Hot Dessert—Chocolate Brownie Served with Chocolate Custard

FRIDAY

Main—Fish & Chip Friday Served with chip, beans or curry sauce

Vegetarian—Pasta Bake with garlic bread

Vegan—Jackfruit Baguette with chips

Hot Dessert—Dessert Of The Day Served with custard

Lunch at Flegg High Ormiston Academy

Week Commencing: 24th-4th April 2025

All Subs £1.80

MONDAY FAST LANE

- Southern Fried Chicken Sub
- Cheese & Bacon Flatbread

TUESDAY FAST LANE

- Chicken Burger
- Breakfast Wrap

WEDNESDAY FAST LANE

- Curried Chicken Naan Bread
- Loaded Wedges

THURSDAY

- Beef Burger
- Crispy Chicken Wrap

FRIDAY

- Fish Finger Sub
- Chip Cone/ Cheesy Chips

