

Principal's Newsletter

Friday 8th November

Dear Families,

What a great way to start my day today! The first Principal's breakfast of this half term was for 7BCA, the year 7 form with the highest overall attendance. At 97.2%, they have done really well! They were a pleasure to spend time with and I enjoyed listening to them talk about the differences between primary and high school and their favourite subjects at Flegg.



Admissions consultation letter

This week, I sent you a letter outlining the consultation process relating to lowering our PAN. The PAN is the number of places we offer in each year group. This number has been 180 for a number of years whilst there was a spike in the local area with higher numbers of children in catchment. As local demographics change, there are now much fewer children in our local feeder schools and a PAN of 180 is no longer necessary. Therefore, the proposal is to change our PAN to 150. This will help the academy plan effectively over the longer term. As there are currently fewer than 150 in years 7 and 8, we do not anticipate this change to have an impact on the quality of the education we are able to offer. If you have any further questions, please get in touch and if you have an opinion, you would like the governing body to hear, please email them as per outlined in the letter.

During half term the Event Team held a Christmas Making day where students came in to make items for the Christmas Market. These included sweet hampers, Christmas decorations and cards. A huge thank you to Mrs Spooner, Mrs Youngs and Miss Wildey.

Our Christmas Market is taking place on Saturday 23rd and Sunday 24th November





Christmas Raffle Tickets

Raffle tickets are now on sale for the huge Christmas Raffle which will be drawn on Sunday 24th November at 3.30pm at the Christmas Market. There are a wide range of hampers and vouchers to be won and tickets can be requested via office@fleggoa.co.uk. Tickets are 50p each.

Christmas Donation Day – Friday 15th November

One of the biggest attractions at our Christmas Market is the sweetie tombola and we really appreciate the support families have shown in previous years. We would be grateful if your child could bring in a festive treat on Friday 15th November. Donations will be collecting during form time. (Please note that this does not coincide with a non-uniform day this year)



Garden Project

What a lovely to start our re-vamped garden project this year! Matt Willer from the Papillon Project spent all day on Thursday moving, lifting and digging to make a blank canvas ready for our young people to design the garden to get it ready for planting in the spring. We have some amazing volunteers from the local community who are lending us a hand and we are very grateful for their help, guidance and manpower. Everyone involved has have lots of ideas and we can't wait to get started.

A huge thank you to Matt from the Papillon Project and Munnings for loaning us the use of the mini digger for the day.



Amazing Maths

I am delighted to inform you that, as of this week, Flegg High Ormiston Academy has joined the virtual learning environment Sparx Maths (<https://sparxmaths.com/>)

This website is an online learning platform that creates personalised maths homework for students aged 11-16.

We believe that practice makes perfect, so each week, your child's teacher selects topics that have been taught in class and the website builds a personalised set of questions to match your child's current level of understanding. It is important that your child does this independently as any additional support will mean that Sparx will increase the level of challenge in response to your child's successful completion of previous homework tasks above that of their current working level.

Our aim is for all children to strive for **100% completion** of their homework. At Flegg, we will look to reward those students who regularly engage with, and complete, their home learning tasks as well as those who make the most progress in their learning. There is also the option for students to undertake independent learning and gain XP – there will be monthly “leader boards” for students to compete against their peers.

By consistently using Sparx Maths, your child can build a solid foundation in maths and achieve their full potential. We thank you, in advance, for the support and encouragement you will provide to your child in ensuring we make the best possible use of this fantastic resource.

Mr Roberts-Jones

Student opportunity



**CHRISTMAS CARD
COMPETITION 2024**

Create a festive drawing
and your design could feature on
Ormiston's Christmas cards this year!

STEP 1
Design a Christmas card on one side of A4 paper

STEP 2
Remember to include your name, year group and academy!

STEP 3
All entries to be sent to the OAT marketing mailbox by the closing date via the staff member below

Closing Date
Wednesday 13th November

[OAT]
Ormiston Academies Trust
ACHIEVING MORE TOGETHER



[OAT]
Ormiston Academies Trust
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**CHRISTMAS CARD
COMPETITION 2024**

Competition Rules

- Designs must be on white, A4 paper (21cm x 29.7cm)
- You can create a computer graphic, draw or photograph anything you want, to do with Christmas, as long as it is in colour and is your own work.
- You can use crayons, charcoal, felt tips, paints or computer designs but please don't stick anything on it.
- Please do not put your academy name or logo on the design.
- Please don't forget to include your name, age, academy and a title for your piece on the back of your design.
- School lead to send scanned entries via email to central marketing team (marketing@ormistonacademies.co.uk), and OAT will select the winner and runner-up.
- **Deadline: Wednesday 13th November**
- If your design is chosen we will need your original design, so please keep it just in case!

[OAT]
Ormiston Academies Trust
ACHIEVING MORE TOGETHER

Please give your entries to the following staff member:

By:

Do you have what it takes to compete against your classmates, and pupils from all over OAT to win the prize of a lifetime?

We are buzzing to announce that the **MFL Spelling Bee** is back for 2024!

Spell your way to the grand prize!



Interested? Speak to **Madame Bennett (room 36)** to take part

Les mots - Round 1

No	Mot	anglais	No	Mot	anglais	No	Mot	anglais	No	Mot	anglais	No	Mot	anglais
1	bienvenue	welcome	11	soeur	sister	21	souris	mouse	31	d'abord	firstly	41	aujourd'hui	today
2	bonjour	hello	12	oncle	uncle	22	lapin	rabbit	32	puis	then	42	hier	yesterday
3	affreux	awful	13	beau-père	stepdad	23	jaune	yellow	33	fraternement	finally	43	demain	tomorrow
4	génial	great	14	fil unique	only child (boy)	24	rouge	red	34	qui?	who?	44	il y a	there is/are
5	excellent	excellent	15	grandmère	grandmother	25	bleu	blue	35	où?	where?	45	car	because
6	collège	School	16	petit-fils	grandson	26	vert	green	36	comment?	how?	46	C'est	It is
7	salle de classe	classroom	17	poisson	fish	27	noir	black	37	pourquoi?	why?	47	oui	yes
8	étudiant	student	18	serpent	snake	28	j'ai	I have	38	grand	big	48	avec	with
9	horaire	timetable	19	araignée	spider	29	plus	more	39	petit	small	49	sans	without
10	gymnase	gym	20	chien	dog	30	moins	less	40	mais	but	50	très	very

Students' Work

The boys have been cooking up a storm this week and making us all feel hungry with the smell of their amazing chicken Kiev's – well done Logan, Vinnie, Sam, Ben and Theo!





Year 8 have been perfecting their baking skills this week making and decorating butterfly cupcake - creaming, weighing measuring, portioning, glacé icing, sniping, and garnishing skills used.

Sporting Round Up

Yr11 Football County cup tie against KES – Mr Lyons

After a long one-and-a-half-hour journey to KES, we started the game strong, taking command of the ball. The midfield led by Alfie Holland and Harry Glynn managed to dictate the game, allowing us to play the ball around nicely. After only a few minutes we were 1-0 up after a nice finish from Aaron M. One goal wasn't enough for us, and we went on to score a further 5 to lead 6-0 at half time. The second half saw many changes and the team playing in unfamiliar positions. This didn't hinder us, and we went on to win the game comfortably 7-0. Throughout the game, all involved showed a great drive and passion to win, communication was fantastic and great teamwork was demonstrated. Not only was the result satisfying for all, but the performance also matched along with their attitude. Well done and on to the next round.

Yr7 Football County cup tie against Acle – Mr Lyons

A local derby this one. The year 7s had a few changes within their team that drew to Lynn grove last time out. This did not phase Flegg, as they started the game exceptionally well, fast and in Acle's faces right from the off. This tone that was set out by all players in the team carried Flegg to a 1-0 lead at half time from a tidy finish from captain Hugo. The second half played out basically the same as the first with Flegg hurrying Acle in possession every time they had it, forcing them into mistakes. Flegg managed to make the score 2-0 from a corner with another smart finish this time from Miles. Once again, all their attitudes were fantastic, with some stand out performances from Max at the back and Albie in midfield. I could basically mention all their names as they all did so well. Well done and on to the next round.

Yr10 Football County cup tie against Taverham – Mr Lyons

The year 10s travelled to Taverham for their county cup tie. They started a little slowly and were rushing possession early on. Once they settled into the game they managed to get ahead with a smart finish from Noah. Taverham managed to peg us back near enough straight away which was to our frustrations, however all involved were resilient and responded quickly and retook the lead this time from a goalkeeping mistake. The goal scorer was Fletcher. The first half finished 2-1 and that was the result at full time. It was a hard-fought result in the end on a pitch that was tricky to play on. Well done to all and on to the next round.

Netball – Mrs Cropley

On Wednesday the U14 and U16 netball teams travelled to Venture for the first round of the National Schools Netball competition.

U16 qualified as winners and U14 qualified as runners up. These matches decided who would go through as winners and runners-up. Both teams now will travel to the UEA on Saturday 30th November for the County Finals.

Reminder - netball club is now on Thursday for all years and NOT on Monday.

New finish time of 4pm due to the light.

Lunchtime Football competition – Mrs Cropley

This week has seen the start of the lunchtime football competition. 13 teams across years 7 to 10 have entered and split into 2 leagues - year 7 & 8 and 9 & 10. Some excellent team spirit along with good sportsmanship has been on display. Match 1 starts promptly at 1.30pm with match 2 at 1.45pm. It is essential that the team captain makes sure they know when they are playing and organises their team to be on time to their match. Lunch eating needs to be either before they play (match 2) or after (match 1). All fixture information is shared in the form PowerPoints each week and is found displayed at the sports hall entrance.



Student Council – Mrs Cropley

On Monday the student council met to discuss the success of the inter form activities before half term and help with the planning of the next events. Also, the reintroduction of the House system. The question to ask all pupils will be - Do we go with the traditional House names - Britten, Julian, Martin and Nelson; or do we have new House names - the vote on this will be very soon.

Attendance Corner

Last week's 100% attendance winners are

Archer Devlin 7SBE
Izzy Harding 8SRE/KNW
Jenson Bradford 9JHA
Freddie Clarke 10RPO
Molly Wager 11ARJ



Dates for your diary

Saturday 23rd and Sunday 24th November Christmas Market
Wednesday 4th December Year 8 HPV vaccination
Friday 13th December Christmas Jumper Day
Friday 20th December Last day of term

Mrs Bennett

Attachments

Flegg and Community Events / National Online Safety / Consultation on admission arrangements letter

Flegg and Community Events



CHRISTMAS MARKET
Sat 23rd & Sun 24th
November 10am-4pm

- Over 60 stalls spread across 3 halls
- Fundraising games and huge raffle
- Free festive craft area for all the family
- Secret Santa shop for kids to buy gifts for adults
- Live entertainment all weekend including dance groups, drama groups, singers, bands and karaoke
- Refreshments & Flegg's famous chocolate oaties!

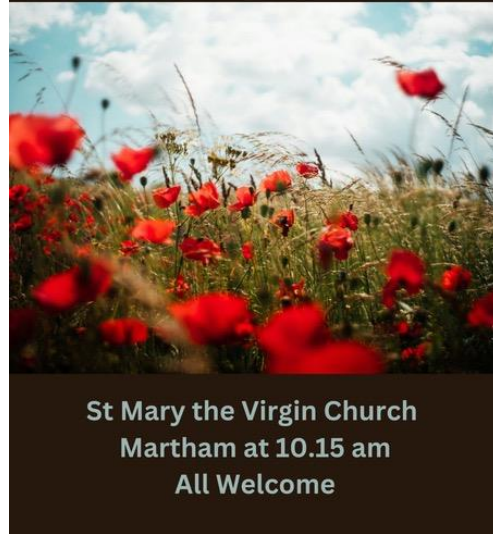
FREE ENTRY

The perfect community event for all the family

FLEGG HIGH ORMISTON ACADEMY
SOMERTON ROAD, MARTHAM, NR29 4QD

FLEGG HIGH ORMISTON ACADEMY

Remembrance Sunday 10 November 2024



Parent helpers wanted for our Christmas Market on Saturday 23rd and Sunday 24th November. Contact the Principals Office on 01493 749207 or principalsoffice@fleggoa.co.uk



**Martham Academy
Christmas Fayre**
**SATURDAY 30TH
NOVEMBER**
10AM-1PM

- 'Elfridges' department store
- Refreshments
- Tombola
- Craft stalls
- Raffle
- live pianist
and much more!

Please contact
Rachel Hall via email rhall@marthamacademy.co.uk
if you are a vendor and would like to book a stall.
(£10 per pitch)



Ormesby, Scratby & California
Community Events Group
Presents
**CHRISTMAS CRAFT
FAIR**
Saturday 7th December 2024
All Saints Parish Hall. NR29 3AJ
10am - 5pm
Stalls, Christmas Gifts, Decorations,
Not on the High Street Gifts,
Homewares, Christmas food,
& much more.
ecommunityevents@gmail.com

SUNDAY 8TH DECEMBER 2024
2PM - 6PM

**HEMSBY CHRISTMAS STREET FAIR IN
" THE STREET "**

WE ARE LOOKING FOR LOCAL OUTDOOR STALL
HOLDERS. STREET ACTS . ALL THINGS CHRISTMASY.

HEMSBY VILLAGE EVENTS GROUP ARE LOOKING FORWARD TO HEMSBS
FIRST EVER CHRISTMAS STREET FAIR ON SUNDAY 8TH DECEMBER 2PM
TO 6PM.
IF YOU WOULD LIKE TO JOIN US PLEASE CONTACT US
hemsbyevents@gmail.com WITH A PICTURE OF YOUR CHRISTMAS
WARES .

hemsbyevents@gmail.com



At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about **INFLUENCERS**

In today's digital age, social media influencers play an increasingly significant role in shaping the opinions, interests and behaviours of our children. While many of these individuals can have a positive effect, influencer culture can also present certain risks – such as encouraging consumerism, affecting self-esteem and blurring trustworthiness. To help ensure a safe online environment for young people, it's vital to maintain open communication, set sensible boundaries, promote a healthy self-image and teach digital media literacy. Our guide delves deeper into all of these.

WHAT ARE THE RISKS?

HEIGHTENED CONSUMERISM

A major way that influencers make money is through brand partnerships and sponsored content. As a result, children who follow them may be exposed to a steady stream of advertising; this can lead to materialistic attitudes, unrealistic expectations and an increased desire to have the latest products. Many influencers have built huge brand empires around their large, impressionable following.

THE SOFT SELL

Some influencers aren't always transparent about the motivations behind their posts, blurring the lines between genuine recommendations and paid-for promotions – and young people sometimes find it difficult to distinguish authentic content from advertising. Many major social platforms have taken steps to make sponsored content and ads easier to identify, but it remains an area of concern.

PRIVACY CONCERNS

Inspired by their favourite influencers, children may start sharing more of their own lives online – which could reveal personal information or details about their daily routine. This openness can put them at risk of cyberbullying or even predatory behaviour. This is exacerbated by live streaming, which gives young people no time to consider the potential consequences of saying too much.

UNDERMINING SELF-ESTEEM

Many influencers share images and videos of themselves and their activities, which are often painstakingly curated and edited to present an idealised version of their life. Children who follow these influencers may develop distorted expectations about body image and the concept of beauty, which can potentially lead to negative self-esteem and even mental health issues.

Advice for Parents & Carers

KEEP TALKING

Chat to your child about the content they consume on social media and the influencers that they like. Encourage them to think critically about what they see and hear online, and listen to any concerns they might have. Maintaining this line of open, honest communication can help your child to make informed decisions about which individuals they follow and what content they engage with.

SET SOME BOUNDARIES

Agree age-appropriate boundaries for your child's social media use, including time limits and privacy settings (the two major operating systems on mobile devices, Android and iOS, have these controls baked in). Try to keep an eye on your child's online activity and discuss it regularly with them – including reminding them of the potential risks that can arise from following influencers.

SUPPORT A HEALTHY SELF-IMAGE

Reinforce your child's awareness that real life isn't usually as picture perfect as it may appear on social media – and how some content (particularly that of influencers) is often curated, staged or edited to look more glamorous. If possible, highlight examples of other influencers who share authentic, reliable material which acknowledges their imperfections and struggles as well.

PROMOTE MEDIA LITERACY

Talk to your child about the concepts of sponsored content, advertising and potential influencer bias. Teach them to critically evaluate the information they're presented with online and to consider the possible reasons behind content creation. This can help young people develop the skills to make healthier decisions about the influencers they choose to follow and the content they consume.

Meet Our Expert

A former director of digital learning and currently a deputy headmaster and DSL, Brendan O'Keefe's experience and expertise gives him a clear insight into how modern digital systems impact the experience of children, staff and parents – and which strategies help to ensure that the online world remains a useful educational tool rather than a minefield of risks.



NOS National Online Safety
#WakeUpWednesday

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Consultation on admission arrangements

Dear **interested party**,

I am writing to notify you of the upcoming consultation on the academy's admissions policy.

The consultation period will run from **4th November until 17th December 2024** and, during this time, parents are invited to express their views and any concerns about the proposed changes to the admission arrangements at Flegg High Ormiston Academy.

In accordance with the DfE's 2021 statutory 'School Admissions Code' guidance, as a school we must consult on our admission arrangements when changes are proposed, and at least once every seven years.

To this end, the following amendments to our admission arrangements have been proposed:

- To remove the option of travelling to the academy on the Flegg minibus as this is no longer running due to budget constraints.
- To reduce the Published Admission Number (PAN) from 180 to 150.

This is being proposed due to the gap between the Published Admission Number (PAN) of 180 and the actual student numbers in each year group attending the school. In addition, there is a need to consider reducing the PAN of the school as part of the wider review of school places in this local area.

Excessive surplus places have created a significant challenge for the Academy in respect of providing a cost-effective class structure and managing to maintain a balanced budget. Although the school has managed the budget effectively over the past 5 years this is no longer sustainable. Reducing the PAN to 150 will provide stability in terms of long-term planning and allow the school to continue to secure high quality educational outcomes for the students currently on roll, while continuing to provide an appropriate number of places for future pupil numbers in-line with demand and local demographics.

In accordance with statutory DfE guidance, the consultation will run for at least six weeks and, as an interested party at Flegg High Ormiston Academy we are keen to hear your views on the proposed changes. Therefore, we invite you to participate in the consultation if you have any concerns regarding the matter.

All responses to the consultation should be made in writing and submitted before midday on Tuesday 17th December 2024 to:

principalsoffice@fleggoa.co.uk

Flegg High Ormiston Academy, Somerton Road, Martham, NR29 4QD

Please note that written responses should outline your personal details, including your name, address and relationship to the academy.

At the end of the consultation period, the governing board will meet to consider responses and submit a final policy to the Ormiston Academies Trust Board of Trustees for approval.

For further information regarding the consultation process, please refer to our proposal document, copies of which can be located on the academy website or in hard copy from the school office. If you wish to further discuss this matter, or anything mentioned in this letter, please contact the Principals Office on 01493 749207 or principalsoffice@fleggoa.co.uk.

Yours sincerely,



Mrs Jane Bennett, Principal