

Principal's Newsletter

Friday 20th September

Dear Families,

It's been a full two weeks since the start of term and we have settled back into the rhythm of school life. We have been delighted with the positive attitude of our students and their aspirations to do well and achieve their best.

We are so proud of the effort that every year group is putting in and can see this reflected in the number of HEART points being rewarded. To date, 40356 HEART points have been given out! We have also sent out lots of positive praise emails, made telephone calls and issued golden tickets every lesson. Well done to all students who have earned HEART points in the past two weeks. Top points scorers in each year group are:

Year 7

Ruby Hughes 118
Thomas Phillips 108
Leah-Rose McCormack 103
David Ayileka 99
Jaxx Mabbitt 98

Year 8

Austin Wilton 104
Dominic Haldane 98
Freya Alderton 94
Robyn Mathieson 94
Jimmy Nicol 94

Year 9

Riley Hughes 102
Sofia Beales 83
Charlie Rimmer 82
Harvey Trigg-Dudley 81
Chloe Rogers 79
Polly Smith 79

Year 10

Adam Childs 94
Leonor Almeida 89
Theo Johnson 87
Jacob Gray 83
Madeleine Carter 82
Sienna Sumsion 82

Year 11

Lillie King 92
Billy Stafford 85
Harrison Allen 77
Laila Wilkinson 77
Brooke Bailey 77

Year 7 Parent Survey

All year 7 families will receive a short survey today that focuses on the start of pupils' time at Flegg. Thank you in advance for taking a few minutes to complete it – your views will help to shape provision for future students. All completed surveys will be entered into a prize draw for a £5 credit for your child's canteen account.

Help your child succeed evening

We look forward to welcoming all year 7 families on Tuesday 1st October 5pm-6pm. Help your child succeed is an evening where you can gain an insight into what your child is learning at school. There will be a meet and greet in the hall, followed by a carousel of activities where you will rotate through an English / Maths and wellbeing session. Your children are welcome to come with you and show what they have learned in their first few weeks.

If you could use the link below to confirm your attendance that will allow us to organise the carousel activities effectively.

<https://forms.office.com/e/FdJWPMBbdR>

If you have any questions please feel free to contact the school.

School Photos

All students had their photos taken on Wednesday and students have been given a proof card today with a QR card to scan for you to view and order photos.

Flegg is Changing – Welcome to The Hub!



Our SEND team have been based in the hub for a while now but this term, we are broadening the support available in this part of the academy to include student wellbeing. To support this improved offer, we have developed additional spaces for Mr Hodder and Ms Wildey who now work alongside Mr Pitcher, our school counsellor and Mrs Brookes, our LAC coordinator. Mr Pull, SENCO and Mrs Youngs, Assistant SENCO keep the hub as their base along with our amazing team of Teaching Assistants. We think this facility is exceptional and will enable us to better align the additional support that some of our students need to access.



Today we welcomed our Rural Flegg Beat Manager, Callum Ball, to Flegg. PC Ball will be visiting the academy to talk with students, deliver assemblies and attend key events throughout the year.

The Flegg Rural Team's aim is to provide a truly local policing service with communities working together with officers and partner agencies, to identify and deal with issues that matter most to them. Responding to and working closely with communities to solve problems, reduce crime and the fear of crime.

Student Voice at Flegg – Regional Elections



This week we have been voting in the Ormiston Regional Student Voice elections. We had 2 candidates from each key stage. Lola Gibson (yr10) and Lexi Mitchell (yr10) for KS4 and Henry Bennett (yr7) and Fredrick Heseltine (yr9) for KS3.

Congratulations to - Lexi Mitchell and Fredrick Heseltine who have been successful in being elected as our representatives. Well done to all candidates for standing for election.

In addition to this we have been voting on 6 key issues which will be raised at national level. The Issues are -

- Assist us in managing our mental health and coping with change
- Build essential knowledge to prepare us for life beyond school
- Confront potential barriers to our personal safety
- Discover pathways and skills to make us career-ready
- Explore ways of improving physical health
- Foster a stronger identity and sense of belonging

Once the results are published our region will focus on the area voted for.

Flegg Parkrun

The Flegg site hosts a parkrun on Saturday mornings and Mrs Mack, one of our science teachers, is an event director. It's a great community event and we have a local coffee van joining us too!

If you are interested in taking part or volunteering, please do contact us through the parkrun email address: flegghigh@parkrun.com

Homework

We hope that you are enjoying the increased level of information that Go4schools brings and can see the homework that students are being set. Here is an example of some excellent homework from one subject area!

'The History department have loved reading about the conversations some Year 7 and Year 8 students have had with their families about the mystery of the skeletons and the Gunpowder Plot. These are some of the learning postcards they have completed.'

Help: Some questions to ask
Were the Catholics framed in 1605?

To help me ask me about:

- What was the plan?
- Where did they plan to attack?
- What was suspicious about the plot?
- What evidence is there that the plotters were set up?
- What evidence is there they weren't?
- What was the role of Robert Cecil?
- Why might someone want to set up the Catholics?



History Learning Postcard

How well was your young person able to explain what they have learned about the **Gunpowder Plot**? Did you learn anything interesting?

Feedback comments: Great explanation!! I have learnt lots, I didn't know such as Guy Fawkes real name and the timeline of the plot. I also learnt about the anonymous letter sent to warn of the plot and the role of Robert Cecil. Also told me about the tension between the Catholics and protestants

Thank you for your support with this homework!

Home Signature: _____

Help: Some questions to ask
What was found at Maiden Castle and why do you think they were there?

To help me ask me about:

- How many skeletons were found at Maiden Castle?
- What evidence did you look at in class?
- What did the Romans have to do with all of this?



History Learning Postcard

How well was your young person able to explain what they have learned about the **Mystery of the Skeletons**? Did you learn anything interesting?

Feedback comments: _____ told me about different tribes in England. How the Romans buried the skeletons (52) with special items such as pots/pans/weapons. This was to show respect to them. Eva said she looked at books & pictures in class. We also looked online at pictures. The Romans invaded Maiden Castle & took possession. Maiden Castle is in Dorset. We also looked where Dorset was on a map.

Thank you for your support with this homework!

Home Signature: _____

Help: Some questions to ask
What was found at Maiden Castle and why do you think they were there?

To help me ask me about:

- How many skeletons were found at Maiden Castle?
- What evidence did you look at in class?
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History Learning Postcard

How well was your young person able to explain what they have learned about the **Mystery of the Skeletons**? Did you learn anything interesting?

Feedback comments: We spoke about how many burials Sir Mortimer uncovered. We spoke about how the people may have died and the injuries they had. There was information on the board in class, which the children had to read. This said about archaeologists finding 52 skeletons at Maiden castle. Whether believed Maiden castle was a Roman military camp.

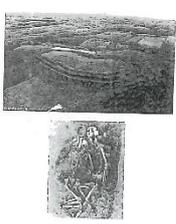
Thank you for your support with this homework!

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What was found at Maiden Castle and why do you think they were there?

To help me ask me about:

- How many skeletons were found at Maiden Castle?
- What evidence did you look at in class?
- What did the Romans have to do with all of this?



History Learning Postcard

How well was your young person able to explain what they have learned about the **Mystery of the Skeletons**? Did you learn anything interesting?

Feedback comments: explain to me how there was 52 skeletons found and how some were buried with items and how others were wounded. She was also able to tell me about other tribes and how the Romans concealed them.

Thank you for your support with this homework!

Home Signature: _____

Open Evening

Our open evening for prospective students is on Thursday 26th September 5pm-8pm. As always, we are looking for student helpers to conduct tours. We love to have lots of year 7 students present as they have the most recent experience of transitioning to high school and letters have been given out but can also be requested from Mrs Spooner. All year groups are welcome to attend and help out at this important event.

If you would like to book a place for your year 6 child to attend, please follow the link below:
<https://forms.office.com/e/wehSughf0d>

Food, glorious food

Year 9 students have been using the aeration technique to make Swiss rolls this week which were enjoyed by staff and students.



Extra-Curricular

New afterschool opportunity for year 10 and 11 students in the Art department



This week we held a clubs sign up event to advertise different opportunities to all students. Thanks go to Mrs Cropley and her team of student leaders for setting this up. We hope it leads to even more students taking part in enrichment activities.

Sporting Round Up

Rugby - Mr Lyons

The Year 10 boys had their first rugby fixtures of the year at the Emerging Schools rugby annual tournament held at North Walsham Rugby Club. This year the boys were entered into the plate competition after not playing too much rugby previously. You would not have known that however, with how the boys played. Their first game was against the eventual plate winners North Walsham and they narrowly lost 3 tries to 1. Then they drew against Acle; 2 tries each with some great passing to open up their defence. They then lost 2-1 to Dereham Neatherd with the last play of the game. The last game of the pool saw them draw 1 try each against a tough Lynn Grove team. Due to finishing 3rd in our group we then waterfalled against UTCN who equally finished 3rd in their group. This game started really well going 2 tries to the good with some fantastic team play. In the second half early, UTCN managed to get the game back to 2-2. Me fearing the worse, I thought we'd blown our chance to get our first win, but then the boys showed great team spirit as they had done all day, managed to secure the ball from the break down after a successful counter ruck, passed the ball wide into the space for our winger to break the line and score with seconds left on the clock. All involved did themselves and the school so proud winning their final game. I feel there is lots to come from this team, well done!



Tuesday 17th September – Rugby Futures Day. The year 8 & 9 girls had the opportunity to attend a rugby taster day at North Walsham Rugby club. During the morning, they were taken through several skills sessions and taught rugby fundamentals, including tackling using the bags. In the afternoon they put their newly found skills to the test in mini rugby matches.



Acle and North Walsham schools were also present. The first matches were touch rugby games and the second-round match were full contact. The girls were not shy in getting stuck in with some solid tackles and commitment to stealing the ball and scoring tries. Well done to all who took part. A big thank you to the coaches at North Walsham rugby club for being so welcoming and supportive.

We have more futures days coming up – if you are interested in rugby come along on a Wednesday after school 3 to 4.15pm – all welcome

Netball - Mrs Cropley

On Monday 16th September the year 11 and 10 teams played in the first local league tournaments of the season. It was a beautiful afternoon. The year 11s played against Acle, Venture and Charter.

Team	Acle	Flegg	Charter	Venture	Points	Position
Acle		2-3 L	0-8 L	2-8 L	0	4th
Flegg	3-2 W		3-5 L	5-2 W	10 – GD+9	3 rd
Charter	8-0 W	5-3 W		0-3 L	10 -GD +10	2 nd
Venture	8-2 W	2-5 L	3-0 W		10- GD +13	1 st

There was some excellent play by Flegg, some great wins against Acle and Venture, finishing 3rd on goal difference.



Team	Acle	Flegg	Charter	Venture	Lynn Grove	Points	Position
Acle		2-5 L	2-4 L	3-1 W	2-4 L	5	4 th
Flegg	5-2 W		6 – 3 W	6 – 0 W	4 – 3 W	20	1 st
Charter	4 -2 W	3 – 6 L		4 – 2 W	2 – 4 L	10	3 rd
Venture	1 -3 L	0 – 6 L	2 – 4 L		3 – 4 L	0	5 th
Lynn Grove	4 – 2 W	3 - 4 L	4 – 2 W	4 – 3 W		15	2 nd

Congratulations to the year 10 girls who won the first netball tournament of the season. Some excellent play by all in the squad (Amy and Mia are missing from the photo). Also a big thank you to Lexi McGough who did an amazing job in helping with the central timing of the competition.

Netball club times - Monday – year 7 & 8 – 3 to 4,15pm; Thursday – year 9, 10 & 11 3 to 4.15pm all welcome.

Attendance Corner

Last week's 100% attendance winners are

- Oscar Perkiss 7LCN
- Callum Cummings 8GHA
- Alba Collop 9LDA
- Sajana Sriharan 10JGR
- Taylor Holsworthy 11ARO



Student Achievements

We are extremely proud of our Flegg students who are part of Martham Cricket Club for receiving awards at their end of season presentation evening. awards.

Martham Cricket Club Youth Presentation:

- U11 Softball Player of the Season - Oliver O'Reilly Moore (Year 7)
- U11 Manager's Player - Albie Adams (Year 7)
- U11 Supporter's Player - Quinn Thornley (Year 7)
- U11 Player's Player - Hugo Allen (Year7)
- U13 Manager's Player - Hugo Boon (Year 9)
- U13 Most Improved Player - Oliver Hudson-Jones (Year 8)
- U13 Player's Player - Vinnie Mancini (Year 9)
- U13 Supporter's Player - Logan Baker (Year 8)





And finally.....

Congratulations to Mrs Hollins who has welcomed a healthy baby boy. Baby Theodore arrived last week – welcome to the world!

Dates for your diary

Thursday 26th September 5pm-8pm Open Evening
Tuesday 1st October Year 7, 8 & 9 Flu vaccination
Tuesday 1st October 5pm-6pm Help your child succeed evening
Tuesday 8th October Year 10 & 11 Flu vaccination
Thursday 10th October 3.30pm-6.30pm Year 11 Progress Evening
Tuesday 22nd October Year 11 group photo
Thursday 24th October Last day of term
Monday 4th November First day of term
Saturday 23rd and Sunday 24th November Christmas Market
Wednesday 4th December Year 8 HPV vaccination
Friday 13th December Christmas Jumper Day
Friday 20th December Last day of term

Jane Bennett

Mrs Bennett

Attachments

Community Events

National Online Safety

Community Events



COFFEE MORNING & MORE!

ST. MARGARET'S CHURCH
YARMOUTH ROAD, ORMESBY ST. MARGARET

CAKES & BAKES
TABLE TOP SALE
CRAFT STALLS • RAFFLE
TOMBOLA
AND MORE!

SATURDAY
21ST SEPTEMBER
10AM TO 12.30PM
ALL WELCOME!



**ROLLESBY
YARD SALE**

Sat 21st Sept

MAPS AVAILABLE AT THE TACONS FARM THE DAY OF & BEFORE

£5 per pitch
NR29 5AJ

HOME Or **AWAY**

EITHER AT THE
COMFORT OF YOUR
OWN HOME OR RENT
A SPOT AT THE
VILLAGE HALL

9-1pm

REGISTER YOUR SITE @ THE TACONS
The Grange,
Rollesby,
NR29 5AJ

PROCEEDS TO BRAIN TUMOUR
RESEARCH & FINBAR'S FORCE



ROLLESBY VILLAGE HALL
SATURDAY 28th Sept
10am - 12pm

**SALE OF NEW
CRAFT SUPPLIES**

Cross Stitch • Card Stock
Boxes • Patterned Paper,
Sundries • Instruction CDs
Embellishments Etc

Wool too
REFRESHMENTS

proceeds for local charities
Contact Glenny 740755 for details

What Parents & Educators Need to Know about **FINAL FANTASY XIV**

AGE RESTRICTION
PEGI 16

WHAT ARE THE RISKS?

The video game Final Fantasy XIV launched in 2010, and, despite being critically panned, it saw an overhaul that has made it one of the biggest success stories in gaming. Its huge world, epic story and versatile combat system have continued to draw in new players, but there's a lot that trusted adults need to be aware of – not least the cost of paying monthly to play.

ALWAYS ONLINE

Final Fantasy XIV is an MMORPG, which stands for Massively Multiplayer Online Role-Playing Game. Much like World of Warcraft, players create a character in a chosen class and level up by completing quests to gain power and items. The game requires a constant internet connection, whether you're playing on PC, Mac, PlayStation or Xbox, and there's no option to play offline.

REGULAR EXPANSIONS

As with similar titles in the genre, players can purchase expansions to unlock additional content for the game. Those without the expansions will be locked out of certain new quests and activities, meaning that young people who play regularly will potentially have the next release earmarked on their calendar, ready to buy it as soon as possible.

IN-GAME PURCHASES & SUBSCRIPTION FEE

Users need to pay £8.99 per month to play Final Fantasy XIV, but there is a free trial. If someone stops paying, they'll lose access to their character (although they'll be able to pick up the payments again and resume where they left off). If a player forgets to cancel their payments, however, those subscription fees will continue rolling on automatically.

VOICE & TEXT CHAT

Final Fantasy XIV lets players send chat messages in-game or speak to each other over voice chat. On the one hand, that provides plenty of choice for how those enjoying the game can interact with their fellow fans. On the other hand, however, it's easier than in many games to receive unprompted messages from a stranger, with whom you constantly share your play space.

VIOLENCE

While Final Fantasy XIV has a fairly light tone throughout some of its quests, many involve killing enemies and sometimes even wild animals. The violence isn't especially strong – more comparable to a cartoon or anime style – but the act alone may make some children feel uncomfortable, if they're not yet able to separate fictional harm from the real kind.

POTENTIAL FOR ADDICTION

As with World of Warcraft, there's an element of addiction to Final Fantasy XIV. The gameplay loop can be quite engrossing, as minutes turn into hours and hours into days while playing alone or with friends. This can potentially lead to missing real-life events, a lack of interest in any activities not related to the game and procrastination around responsibilities like schoolwork.

Advice for Parents & Educators

MANAGE PLAYTIME

Playtime limits are a great way to counter the addictive qualities of games like Final Fantasy XIV. They allow you discuss why it's still important to enjoy things outside of gaming while still letting a child enjoy playing online with their friends when it makes sense to do so. It's all well and good to have fun with a game, so long as they're able to step away and reconnect with the real world.

PLAY TOGETHER

The free trial makes it extremely easy to jump into Final Fantasy XIV and play alongside a child, provided they're old enough. Not only does that help you ensure that settings are adjusted for their privacy and safety, but it may also end up becoming a bonding experience for you both and any other family members that want to try it out.

MAKE USE OF THE FREE TRIAL

The Final Fantasy XIV free trial is a generous one, with no limits on how long someone can play until their character hits level 70. That's easily dozens of hours for a child to go through the game, complete quests, and see if they enjoy it before purchasing expansions or subscribing to a membership. They may well move on to something else before you need to spend so much as a penny.

REMEMBER, IT'S A PEGI 16

Despite its often-relaxing nature, Final Fantasy XIV carries a PEGI 16 rating for violence and drugs (although the latter is due to a character smoking a pipe on occasion). There's minimal blood, but characters can attack enemies (and other players) with weapons and spells. Take a look at some gameplay videos to see if the content is appropriate for a younger player.

Meet Our Expert

Lloyd Coombes is the Editor-in-Chief of GGRecon, and has been working in the gaming and tech industry for five years. A longtime fan of online games, he's also a parent, and therefore understands the importance of online safety. Writing mainly about tech and fitness, his work has previously been published at sites including IGN, TechRadar and plenty more.



The National College

Source: See full reference list on guide page at <https://nationalcollege.com/guides/final-fantasy-14>

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