This booklet contains important information for you to read and keep so you can refer to it throughout the year.

You will also find enclosed a hard copy of the data that we keep on our Management Information System for all your child's contacts, medical conditions and information.

ACTION REQUIRED: Please check this document carefully, amend if needed, sign and date the bottom of the document and return it in the labelled envelope. If you do not have any changes, please write in block capitals NO CHANGES REQUIRED and still sign, date and return it to us. It is imperative that this information is correct in the case of an emergency and to ensure you receive all communications from us. All data collection by the academy is dealt with securely and in accordance with the United Kingdom General Data Protection Regulation (UK GDPR) and other related legislation. Further information is available on the school website in the Data Protection and Freedom of Information Policy.

#### Inside this booklet you will find:

Page 2-3 Contact details

Page 3 Communication

Page 4 Form groups

Page 5-10 An introduction to the new Go4Schools app for parents and students

Page 10 Equipment, homework & extra-curricular activities

Page 11-14 Uniform

Page 15-17 Attendance information from Norfolk County Council

Page 18-19 Safeguarding newsletter

Page 20-29 Summer bumper edition of the Principal's newsletter



#### **Contact Details**

Main school number for all staff: 01493 740349

Principal's PA: Mrs Spooner principalsoffice@fleggoa.co.uk Attendance Officer: Mrs Dyball attendance@fleggoa.co.uk

Attendance & Pastoral Administrator: Miss Linstead llinstead@fleggoa.co.uk

SENCO: Mr Pull tpull@fleggoa.co.uk

Assistant SENCO: Mrs Youngs cyoungs@fleggoa.co.uk Safeguarding: Miss Wildey awildey@fleggoa.co.uk

#### **Year Teams**

Year 7 Year Leader: Mr Maclean wmaclean@fleggoa.co.uk Year 7 Pastoral Assistant: Miss Smith hsmith@fleggoa.co.uk

Year 8 Year Leader: Mr Bending mbending@fleggoa.co.uk

Year 8 Pastoral Assistant: Miss Fogden lfogden@fleggoa.co.uk

Year 9 Year Leader: Mr Hallam mhallam@fleggoa.co.uk

Year 9 Pastoral Assistant: Miss Martin tmartin@fleggoa.co.uk

Year 10 Year Leader: Mr Nelson bnelson@fleggoa.co.uk

Year 10 Pastoral Assistant: Miss Scott-Greenard iscottgreenard@fleggoa.co.uk

Year 11 Year Leader: Mrs Williams-Barry abarry@fleggoa.co.uk

Year 11 Pastoral Assistant: Miss Scott-Greenard iscottgreenard@fleggoa.co.uk

#### **Subject Leaders**

Miss Ketteringham nketteringham@fleggoa.co.uk Art Dance & Drama Mrs Hipperson mhipperson@fleggoa.co.uk English Mrs Robertson arobertson@fleggoa.co.uk Mr Pond rpond@fleggoa.co.uk Geography History Mr Sandall ssandall@fleggoa.co.uk Mr Wilkinson **ICT** dwilkinson@fleggoa.co.uk sbennett@fleggoa.co.uk Languages Mrs Bennett Maths Mr Roberts-Jones aroberts-jones@fleggoa.co.uk Music Mrs Perrin eperrin@fleggoa.co.uk PΕ mlyons@fleggoa.co.uk Mr Lyons **PSHE** Mrs Fountain Ifountain@fleggoa.co.uk Science Mr Digby jdigby@fleggoa.co.uk Technology Mrs Perrin eperrin@fleggoa.co.uk Travel & Tourism Mr Lyons mlyons@fleggoa.co.uk

#### Points of contact for student progress, achievement or welfare

Issue or Concern	Contact
Immediate concern about your child's	DDSL – Miss Wildey
welfare or safety	safeguarding@fleggoa.co.uk
Pastoral support	Year Pastoral Assistant
	(see year contact details above)
Concerns about any additional needs your	SENCO – Mr Pull
child has	senco@fleggoa.co.uk
Concerns about your child's attendance	Attendance Officer – Mrs Dyball
	attendance@fleggoa.co.uk
All progress and general issues regarding	Form Tutor
your child	(Initial, surname and then @fleggoa.co.uk)
Issues that the Form Tutor has been unable	Year Leader
to resolve	(See above for email)
Issues that the Year Leader has been unable	Vice Principal – Mrs Pitcher
to resolve	epitcher@fleggoa.co.uk
Issues regarding a particular subject	Class teacher
	(Initial, surname and then @fleggoa.co.uk)
Issues that the Subject Teacher has been	Subject Leader
unable to resolve	(See above for email)
Issues that the Subject Leader has been	Assistant Principal for that subject
unable to resolve	principalsoffice@fleggoa.co.uk

Any matters that are not resolved by any of the above will be dealt with by the relevant Assistant Principal, Vice Principal or Principal and should be directed to principalsoffice@fleggoa.co.uk

#### Communication

**Email:** Primarily email is used to send out the vast majority of letters from the Academy, as well as important notices and information.

**Text Messages**: Text messages are used to send Truancy Call messages. A Truancy Call is triggered when your child is absent from the Academy and we have not been contacted to provide a reason. Text messages are also used when we need to get an urgent message to parents/carers very quickly.

**Form Packs:** Letters are occasionally given to students in form time to bring home. If this happens, we will send an alert by text so you are aware.

**Principal's Newsletter:** The Principal's Newsletter is sent out via email every Friday and put on the Academy website.

Social Media: Flegg High Ormiston Academy have the following social media accounts



Twitter: FleggHighOA



acebook: FleggOA



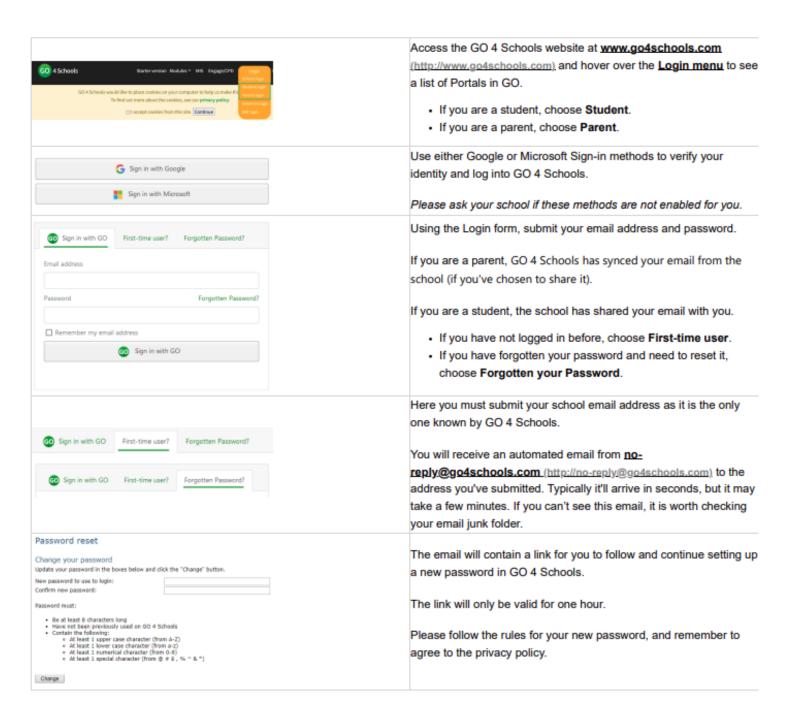
Instagram: FleggOA Please follow us to keep up to date with everything Flegg

# Form Groups and contacts

7CUT/LMA	Mrs Utting	cutting@fleggoa.co.uk	
	Mrs Mack	lmack@fleggoa.co.uk	
7SBE	Mrs Bennett	sbennett@fleggoa.co.uk	
7SSA	Mr Sandall	ssandall@fleggoa.co.uk	
7BCA	Mr Cannell	bcannell@fleggoa.co.uk	
7LCU	Miss Cunningham	lcunningham@fleggoa.co.uk	
		,	
8LFU	Miss Fountain	lfountain@fleggoa.co.uk	
8ABR	Mr Brumpton	abrumpton@fleggoa.co.uk	
8000/1040	Mr Davison	adavison@fleggoa.co.uk	
8ADA/LMA	Mrs Mack	lmack@fleggoa.co.uk	
8SRE/KWI	Mrs Reynolds	sreynolds@fleggoa.co.uk	
	Mr Winser	kwinser@fleggoa.co.uk	
8GHA	Miss Harvey	gharvey@fleggoa.co.uk	
9THA/ACR	Mrs Hak	thak@fleggoa.co.uk	
31HA/ACK	Mrs Cropley	acropley@fleggoa.co.uk	
9LDA	Miss Davey	ldavey@fleggoa.co.uk	
9MHI/NHA	Mrs Hipperson	mhipperson@fleggoa.co.uk	
JIVIIII/IVIIA	Mrs Hall	nhall@fleggoa.co.uk	
9RTR	Mrs Trevor	rtrevor@fleggoa.co.uk	
9TWI	Mr Williams	twilliams@fleggoa.co.uk	
9JHA	Mr Hanner	er jhanner@fleggoa.co.uk	
10DWI	Mr Wilkinson	dwilkinson@fleggoa.co.uk	
10RPO	Mr Pond	rpond@fleggoa.co.uk	
10MLY	Mr Lyons	mlyons@fleggoa.co.uk	
10NKI	Miss Ketteringham	nketteringham@fleggoa.co.uk	
10LCU	Miss Cuddington	lcuddington@fleggo.oa.co.uk	
10JGR	Mr Green-Plumb	jgreenplumb@fleggoa.co.uk	
,			
11ARO	Mrs Robertson	arobertson@fleggoa.co.uk	
11JDI	Mr Digby	jdigby@fleggoa.co.uk	
11ARJ	Mr Roberts-Jones	aroberts-jones@fleggoa.co.uk	
11LWO	Mr Woodhouse	lwoodhouse@fleggoa.co.uk	
11CIN	Miss Ingram	cingram@fleggoa.co.uk	

#### An Introduction to the new Parent App

#### Logging into Go4Schools website as a parent or student



#### Go4Schools mobile app quick start guide for **PARENTS**

The GO 4 Schools Mobile App keeps you informed about any of your children who attend any school that subscribes to GO 4 Schools to ensure you can see how they are performing at school. The App is completely free of charge to both parents and students, where the school has a subscription to the GO 4 Schools App module and can be downloaded from:



https://play.google.com/store/apps/details?id=com.hyperspheric.go4schools

https://itunes.apple.com/gb/app/go-4-schools/id1438216501) Google Play and the Google Play logo are trademarks of Google LLC.

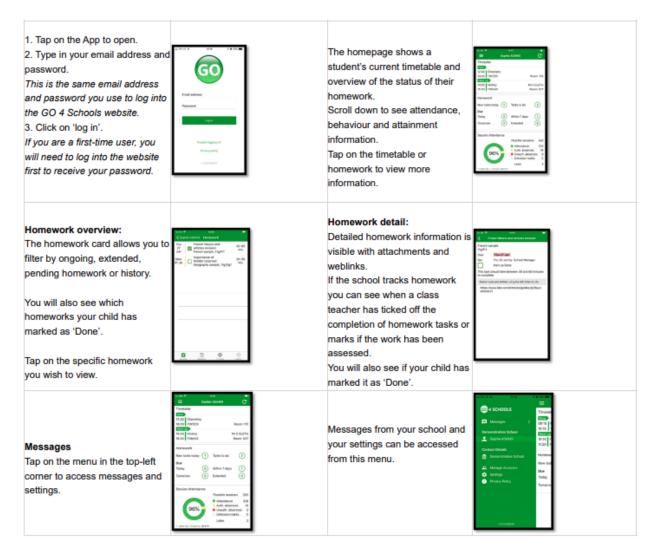


#### https://itunes.apple.com/gb/app/go-4-schools/id1438216501

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#### What the App can show you:

Currently you can view the timetable, homework, attendance, behaviour and attainment information for your children. This includes looking in depth at the homework set, including attached documents. You will also receive notifications containing a summary of homework tasks and behaviour events at the end of the school day, and detentions as they are set/changed/cancelled.



In the message inbox tap on the message for more detail.

Your messages will be organised by date order and titled by areas such as Homework, Behaviour and Detention notifications.



#### Sample message:

Here is an example of how a message might look.

Tap back on messages and then your child's name to return to the main screen.



#### Timetable:

From the main screen you can also tap on the timetable for more information.



#### Timetable detail:

You are then presented with today's timetable. You can tap or swipe to previous and future days at the top.



#### Attendance:

From the main screen scroll down to view attendance information.

A chart displays the overall percentage attendance.



The App will also display detail about specific attendance marks including authorised and unauthorised attendance marks. Late marks are incorporated into the overall attendance marks and unknown marks are waiting for confirmation of the reason for the

NOTE: There are two possible sessions in a school day, AM and PM.

absence.



#### Behaviour:

Continue to scroll down the app to the Behaviour information.

This will display a bar chart of both negative and positive behaviour points over time, the chart can be scrolled across throughout the year. Positive points are shown in green and negative points in red with a total points count.



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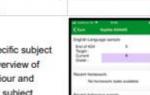
If you prefer you can toggle the graph to show the number of events rather than points. This will allow you to see the number of positive and negative events recorded over time. Again, you can scroll the chart across and positive events are in green and negative events in red.



#### Behaviour detail:

If you tap the 'details' button or tap in the white space around the behaviour chart you can then view the detailed event record for your child including the date, the subject, the event type and the associated points.

This is useful to see if positive or negative behaviour are occurring in certain lessons.



#### Attainment:

Scrolling down further, you can see the attainment card, showing how your child is doing in their subjects. The attainment card at the top level provides their grades, and their residual (how well they are doing when compared to their target), if shared by their school.



#### Subject detail:

If you tap on a specific subject you can see an overview of attainment, behaviour and homework for that subject You can easily return to the main screen by using the '< back' button.

#### Go4Schools mobile app quick start guide for **STUDENTS**

The GO 4 Schools App keeps you informed about how you are performing at school. The App is completely free of charge to you and can be downloaded via:



Google Play and the Google Play logo are trademarks of Google LLC.

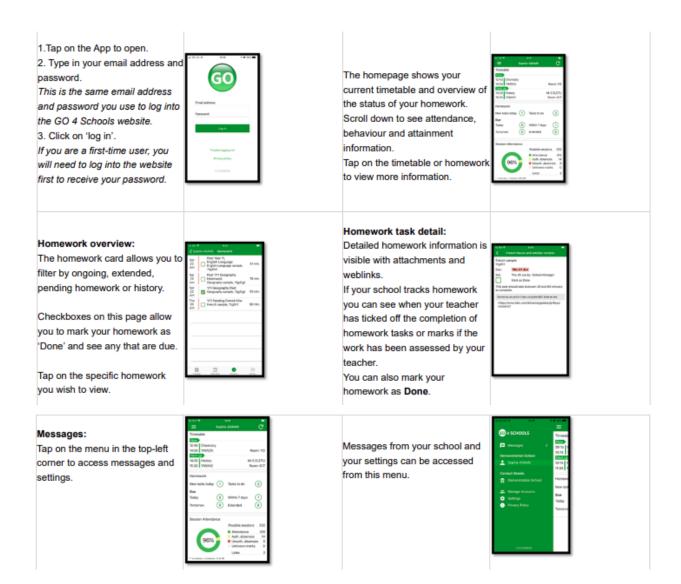
https://play.google.com/store/apps/details?id=com.hyperspheric.go4schools

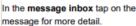
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https://itunes.apple.com/gb/app/go-4-schools/id1438216501

#### What the App can show you:

Currently you can view your timetable, homework, attendance, behaviour and attainment information. This includes looking at the details of the homework set, including attached documents or links to websites. You will also receive notifications containing a summary of homework tasks and behaviour events at the end of the school day, and detentions as they are set/changed/cancelled.





Your messages will be organised by date order and titled by areas such as Homework, Behaviour and detention notifications.



#### Sample message:

Here is an example of how a message might look.

Tap back on messages and then your name to return to the main screen.



#### Timetable:

From the main screen tap on the timetable for more information.



#### Timetable detail:

You are then presented with today's timetable. You can tap or swipe to previous and future days at the top.



#### Attendance:

From the main screen scroll down to view attendance information.

A chart displays the overall percentage attendance.



The App will also display detail about specific attendance marks including authorised and unauthorised attendance marks. Late marks are incorporated into the overall attendance marks and unknown marks are waiting for confirmation of the reason for the absence.

NOTE: There are two possible sessions in a school day, AM and PM.



#### Behaviour:

Continue to scroll down the app to the Behaviour information.

This will display a bar chart of both negative and positive behaviour points over time, the chart can be scrolled across throughout the year. Positive points are shown in green and negative points in red with a total points count.



If you prefer you can toggle the graph to show the number of events rather than points. This will allow you to see the number of positive and negative events recorded over time. Again, you can scroll the chart across and positive events are in green and negative events in red.



#### Behaviour detail:

If you tap the 'details' button or tap in the white space around the behaviour chart you can then view your detailed event record including the date, the subject, the event type and the associated points.

This is useful to see if teachers have recorded events they have spoken to you about.



#### Attainment:

Scrolling down further, you can see the attainment card. This will display your current grades and colouring of your progress, if shared by your school.



#### Subject detail:

If you tap on a specific subject you can see an overview of attainment, behaviour and homework for that subject.



You can easily return to the main screen by using the '< back' **Go4Schools** is our online data system we use for reports. If you have any issues with Go4Schools, contact our Data Manager at mbecker@fleggoa.co.uk

**SIMS** is our Information Management System we use to hold student information including contact details, medical information, attendance and behaviour. If you have any issues with SIMS, contact our Data Manager at mbecker@fleggoa.co.uk

**Scopay** is the online system we use for payments for food and trips. If you have any issues with Scopay, contact office@fleggoa.co.uk

## **Equipment List**

Students are expected to be equipped with the correct equipment for every lesson.

#### **Essential Items**

Pencil case

Pen – blue, black, green (all students must have a green biro for corrections and self-assessment)

Pencil

Ruler

Eraser

Scientific calculator

Reading book

Relevant kit for PE, Dance & Drama

Planner and timetable (issued by the school)

#### **Optional items**

Highlighters
Colouring pencils
Scissors
Glue stick
Compass/Maths set
(Liquid tipex is not permitted)

#### **Homework**

Information about homework will be sent out to each year group in the new term. If you have any questions about homework these should be directed to your child's class teacher.

#### **Extra-Curricular Activities**

At Flegg we have a wide range of clubs and extra-curricular activities on offer throughout the day and after school. A full list will be available at the beginning of term.

# Flegg School Uniform





# PE, Dance and Drama Kit









Blazer	Navy blue, tailored blazer with the school logo (can only be purchased at Harrisons)		
Jumper (Optional)	Navy blue woollen V neck jumper with the school logo (can only be purchased at Harrisons)  Or  Plain navy blue woollen V neck jumper (can be purchased from any other outlet)		
Shirt	Plain light blue short or long sleeved shirt (can be purchased at Harrisons or any other outlet)		
Tie	2 tone blue tie with school logo (can only be purchased at Harrisons or the Academy)		
Skirt	Navy blue 4 drop pleat 22" length skirt or longer to ensure skirt is knee length (can be purchased from either Harrisons or any other outlet but must look the same and meet the specification of being navy blue 4 drop pleat skirt that is a minimum of 22" in length)		
Trousers	Navy blue boys/girls tailored trousers (can be purchased at Harrisons or any other outlet but must be tailored trousers and not skinny legged or cropped)		
Shoes	Black flat shoes - boots or canvas style shoes are not permitted (can be purchased from any outlet)		
Socks / Tights	Black tights and black, navy blue, white or grey socks (can be purchased from any outlet)		
РЕ Тор	White polo shirt with school logo (can only be purchased at Harrisons) or Plain white polo shirt (can be purchased from any other outlet)		
Rugby Top (Optional)	2 tone blue rugby top (can only be purchased at Harrisons)		
Shorts	Navy blue sports shorts (can be purchased at Harrisons or any other outlet)		
Skort (Optional)	Navy blue skort (can be purchased at Harrisons or any other outlet)		
Tracksuit Bottoms	Navy blue tracksuit bottoms (can be purchased at Harrisons or any other outlet)		
Sports Socks	White sports socks (can be purchased from any outlet)		
Trainers	Trainers - any colour (can be purchased from any outlet)		
PE Sweatshirt (Optional)	Navy blue sweatshirt with school logo (can only be purchased at Harrisons but is an optional item)		
PE Waterproof Rain Jacket (Optional)	Navy blue waterproof rain jacket with school logo (can only be purchased at Harrisons but is an optional item)		
Dance Kit	Black leggings/jogging bottoms/shorts with black leotard/t-shirt (can be purchased from any outlet) or Normal PE Kit: White polo shirt with school logo/plain white polo shirt and navy shorts		

#### Flegg Uniform Expectations

#### **Coats & Jackets**

Navy blue or black are the preferred colour for outer garments worn when travelling to and from the academy. Denim jackets and hooded sweatshirts are not permitted. Coats/jackets should be free from slogans.

#### **Outer Garments**

Coats, hats & scarves are not to be worn during lessons, assemblies or in the canteen. Hats, scarves and hoods should be removed whilst in corridors. Outer garments should be free from slogans.

#### Clothing

All uniform and clothing must be clearly marked with the owner's name, including coats and PE kit.

#### **Jewellery**

Students are allowed 1 small stud earring per ear. No other jewellery is permitted, this includes hoop earrings, rings, bracelets, necklaces or any other jewellery items. Students may wear a watch. Body modifications or piercings including tongue and belly button piercings are not allowed and students will be placed into Ready to Learn until this is rectified.

#### **Belts**

A plain black belt is permitted with trousers, belts should not have decorative buckles.

#### Hair

Extreme hair colouring/styles are not permitted, no shaved head, colours should only be natural hair colours, hair colour cannot be two tone. Patterns should not be shaved into hair.

#### Make-up

Make-up is unnecessary, but if worn should be 'natural looking' and not obvious. False eyelashes are not permitted.

#### **Nails**

Nail varnish, french manicured tips, acrylics and/or adornments are not permitted.

#### Non-uniform days

Non-uniform days are used to raise awareness and funds for charities. In these circumstances, the clothes worn by students must still comply with these fundamental principles:

- They must be safe and practical for school use.
- They must not promote unacceptable messages drugs, violence, racism etc.
- They must not conceal identity.
- They must not be indecent no low cut or mid-drift tops or excessively short skirts/shorts.
- No jewellery is to be worn other than 1 small stud per ear.
- No coats, scarves or hats are to be worn in the building.
- No extreme hair colour.
- No false nails/eyelashes/excessive or obvious makeup.

#### **Mobile Phones**

Mobile phones should never be seen or heard. While we understand there may be times when students need their phone to and from the academy, they should not be visible during the school day including break and lunch times and they will be confiscated if seen.

#### **Attendance information from Norfolk County Council**





# Penalty Notice Fines for School Attendance are changing!



With the introduction of the new National Framework for Penalty Notices, the following changes will come into force for Penalty Notice Fines issued after 19th August 2024.

#### Per Parent, Per Child

Penalty Notice Fines are issued to each parent, for each child that was absent. For example: 3 siblings absent for term time leave, would result in each parent receiving 3 separate fines.

#### **National Threshold**

There will be a single consistent national threshold for when a penalty notice must be considered by all schools in England of 10 sessions (usually equivalent to 5 school days) of unauthorised absence within a rolling 10 school week period. These sessions do not have to be consecutive and can be made up of a combination of any type of unauthorised absence.

The 10-school week period can span different terms or school years.

#### First Offence

The first time a Penalty Notice is issued for unauthorised absence the amount will be:

- £160 per parent, per child paid within 28 days.
- Reduced to £80 per parent, per child if paid within 21 days.

#### Second Offence (within 3 years)

- The Second time a Penalty Notice is issued for unauthorised absence the amount will be:
- £160 per parent, per child paid within 28 days.

#### Third Offence and Any Further Offences (within 3 years)

- The third time an offence is committed a Penalty Notice will not be issued and the
  case will be presented straight to the Magistrate's Court. Prosecution can result
  in criminal records and fines of up to £2,500.
- Cases found guilty in Magistrates' Court can show on the parent's future DBS certificate due to 'failure to safeguard a child's education'.



# Norfolk County Council: Penalty Notices regarding school absence - Guidance for parents

#### Regular school attendance and parent's legal responsibilities

At Flegg High Ormiston Academy our aim is to collaborate with parents to ensure that all our pupils receive the most from their education and reach their full potential.

This guidance is to remind all parents about the law that requires them to ensure that their child attends school regularly. The Government is clear that no child should miss school apart from in exceptional circumstances and schools must take steps to reduce absence to support children's attainment.

#### The important legal information – New from August 19th, 2024

The Government have introduced a single national threshold for when a penalty notice must be considered by all schools in England. This threshold is **10 sessions (usually equivalent to 5 school days) of unauthorised absence within a rolling 10 school week period**. These sessions do not have to be consecutive and can be made up of a combination of any type of unauthorised absence. The period of 10 school weeks can span different terms or school years.

In line with national guidance, the Local Authority (LA) retains the discretion to issue a penalty notice before the threshold is met. This might apply for example, where parents have taken several term time holidays below the national threshold. The LA also retains the discretion to consider going straight to prosecution where appropriate.

A maximum of 2 penalty notices per parent, per child can be issued within a rolling 3-year period. This period will start from the issue of the 1<sup>st</sup> penalty notice. The national framework also sets out the escalation process which applies to such penalty notices. If the national threshold is met for a third time (or subsequent times) within 3 years, another tool should be used. In Norfolk, where a pupil's attendance has met the national threshold for a third time within 3 years and the parent/s have already been issued with 2 penalty notices within that period, consideration will be given to prosecution under section 444 of the Education Act 1996, which can result in a criminal conviction and fine of up to £2,500.

A parent includes any person who is not a natural parent but who has parental responsibility for the child <u>or</u> who has care of the child, as set out in section 576 of the Education Act 1996. Penalty notices will usually be issued to the parent/s with day-to-day responsibility for the child's attendance or the parent/s who have allowed the absence (regardless of which parent has applied for a leave of absence).

The first penalty notice issued to a parent for a child will be charged at £160 to be paid within 28 days. This will be reduced to £80 if paid within 21 days. Where it is deemed appropriate to issue a second penalty notice, the second penalty notice to the same parent for the same child within 3 years of the first offence, is charged at a flat rate of £160 and is payable within 28 days.

There is no reduced sum available in this instance.

Part payments or payment plans are not acceptable, and fines must be paid in full within 21 or 28 days, at the rate specified within the penalty notice. There is no right of appeal against a penalty notice.

#### Requests for leave of absence

Working together to improve school attendance advises all schools that they should only grant a leave of absence during term time in exceptional circumstances, considering each request on a case-by-case basis. If a leave of absence is granted, it is for the headteacher to determine the length of time the pupil can be away from school. Although we recognise the value and benefits of family holidays, it is unlikely a leave of absence will be granted for a family holiday as the Government 'does not consider a need or desire for a holiday or other absence for the purpose of leisure and recreation to be an exceptional circumstance.'

Requests for leave must be made in advance, otherwise schools will be unable to consider your individual circumstances and the absence will be recorded as unauthorised. Headteachers are not obligated to reconsider authorising leave if an application was not made in advance.

#### Support with ensuring regular school attendance

If you require any support with ensuring your child's attendance, please contact Mrs K Dyball – Attendance Officer, kdyball@fleggoa.co.uk 01493 749325

### Safeguarding Newsletter

Welcome to the eleventh issue of our Flegg safeguarding newsletter. The aim is to use this format to provide key messages and updates on various safeguarding themes. If you wish to discuss any of the themes in more detail or have any feedback linked to safeguarding, please call the academy (01493 740349) and ask for Tom Pull or Amy Wildey. Alternatively email: safeguarding@fleggoa.co.uk

A reminder that you can access various safeguarding documents, policies and other links within the cyber safety and safeguarding sections of our website, which can be found under the parents / carers tab at the top of the web page.

If you ever have any urgent school-related safeguarding concerns outside of school opening hours then please email them to <a href="mailto:safeguarding@fleggoa.co.uk">safeguarding@fleggoa.co.uk</a>

If you think a child is at immediate risk of harm please call **Children's Services (CADS) on 0344 800 8020** or in an emergency, please call the **Police on 999**.

#### **Mental Health**

#### **Just One Number**

This is a single point of access for all Norfolk Healthy Child Programme services. Find out more about the care they can offer for you and your child from age 0-19 Here. You might have a parenting question or a worry about your child's physical or emotional health. Whatever your reason to call, you can get in touch with Just One Number by calling **0300 300 0123** 

#### Kooth

Kooth has continued to be a very popular resource with many of our students and families. It is an online counselling, advice and emotional well-being support service for 11 to 25 year olds. Kooth is not a replacement for any in person support for your child; rather it is an additional means of accessing further support if needed.

Kooth is a **free, confidential and safe** way to receive support online. Your child can speak directly with a counsellor about anything.

#### Available:

- 12 noon to 10pm on weekdays
- 6pm to 10 pm at weekends
- Every day of the year on a drop-in basis.

**Qualified friendly counsellors** are available and can offer 1:1 chat sessions or messaging on a drop-in basis or via booked sessions.

#### Discussion boards and online magazine

- 11-year olds will only be able to see content that has been assessed appropriate for their age
- Comments and articles written by young people are all approved by Kooth before appearing online **No referral is required.** Your child can register at Kooth

#### Supporting Children's Mental Health- advice for parents and carers

The Just One Norfolk team has a page to support the emotional health of young people. A video session explores some of the potential worries children may have and looks at how these could be managed.

There are activities that support the video and specific support guides embedded in the page <a href="https://www.justonenorfolk.nhs.uk/emotional-health">https://www.justonenorfolk.nhs.uk/emotional-health</a>

#### **Mental Health**

#### **Action for Happiness**

Every day may not be good, but there is something good in every day. Research has shown that experiencing comfortable emotions in a 3-to-1 ratio with uncomfortable ones leads to a tipping point beyond which we naturally become more resilient to adversity.

https://www.actionforhappiness.org/

#### **Online Safety**

The National Online Safety Guides provide a wealth of information for parents / carers on a range of issues relating to digital safety.

https://nationalonlinesafety.com/guides

Additional information can also be found from the NSPCC

#### **Domestic Violence**

Unfortunately, since the global pandemic there have been an increase in domestic abuse Below, we have identified a list of helplines and websites which can offer help, support and advice:

- Refuge https://www.nationaldahelpline.org.uk
- A freephone, 24-hour National Domestic Abuse Helpline 0808 2000 247

#### Wellbeing Service for adults in Norfolk and Waveney

https://www.wellbeingnands.co.uk/

#### Family Lives - https://www.familylives.org.uk 0808 800 2222

Previously known as Parentline, is a dedicated organisation to support parents before they reach a crisis point.

#### Gingerbread - www.gingerbread.org.uk

A charity supporting single parent families to live secure, happy and fulfilling lives.

#### Menscraft - https://www.menscraft.org.uk

MensCraft is an organisation which supports men 18+ throughout Norfolk and Waveney and aims to support men experiencing a whole host of issues and problems. These include support for feelings of hopelessness that may lead to suicidal ideation, and help for those who may have plans/intent to take their own life.

# Principal's Newsletter Friday 19<sup>th</sup> July 2024



Dear Families,

As we reach the end of another year, we look back and reflect on the previous 12 months and look forward to the summer holidays.

The end of term has brought lots of wonderful events and activities, trips and visits that help to enrich students' experience of school and teach them life skills that are essential for the future. A big thank you to all of our staff (and volunteers!) who give up their time to organise and run these events and to the students and families who support them.

Looking ahead to September, I hope that this pack of information will be useful to you. In particular, I encourage you to download and familiarise yourself with our new Go4schools parent app. We hope that this will vastly improve communication between school and home in that it should provide you with a lot more information than previously was the case. We have been using it in school for the last week to iron out any issues so roll out to families in September is smooth.

We say a fond farewell to the following staff and wish them all the very best on their next ventures; Mr Bartlett, Mr Hart, Mr Coombes and Mrs Sexton. And a very big 'congratulations on your retirement' to Mrs Norfolk, also known as 'Tina' who has been our housekeeper at Flegg for 15 years.

We welcome 7 new members of staff in September and their photographs and biographies are below to help introduce them to our school community.

#### Flegg is changing....

Still to come in September are some further changes related to our detention and room removal system in line with staff, student and parent voice. Watch this space!

#### Use of our 3G pitch

In September, we will be insisting that all students using the 3G pitch at lunchtime (outside of PE lessons) will have to wear studded football boots or astroturf trainers. This new rule is in line with extra-curricular use of the facility and will prevent damage to the surface from its additional use. Rules relating to footwear in PE remain unchanged. Students who do not have the correct footwear will not be allowed to use the 3G pitch at lunchtime. Thank you for your understanding.

Looking ahead to September, I can confirm the following:

First day of term for year 7 & 11: Wednesday 4<sup>th</sup> September First day of term for year 8, 9 & 10: Thursday 5<sup>th</sup> September

Extra-curricular activities schedule will be sent out in the first week and clubs will start from Monday 9<sup>th</sup> September.

#### The Flegg Annual Art Exhibition

This year's art exhibition once again lived up to expectations and was a lovely evening. We received a visit from the mayor who was very impressed with the high standard of work on display. Well done to all exhibitors; it's so nice to see your work displayed in public.











#### **Year 10 Geography Field Trips**

Thank you to the geography department for an intensive 4 days of GCSE field trips. As a compulsory part of the GCSE, the trips went on Norwich and Seapalling, enabling students to collect data and see geography in action!





#### **History Club Round-up**

Thank you to everyone who has attended and supported history club this year. It has been

fantastic to see so many students from across the school get involved and we're excited to be continuing in September.

Thanks also to the Flegg events team for funding our new history lending library. Both history club and other students are enjoying getting stuck into the latest history books on the Black Tudors, Industrial Revolution and much more!



#### **Meet Our New Staff**



My name is **Mr Roberts-Jones** and I am looking forward to joining the Maths department as Subject Leader from September 2024.

I have been teaching for over 13 years now and have spent the last 10 years at Hellesdon High School. I have a real passion for Mathematics and enjoy spending time on puzzles and other strategy games to keep my mind sharp and to challenge my problem-solving skillset. I hope to be able to share some of this excitement with the students at Flegg in the coming years — perhaps I can help persuade some to pursue Mathematics at A-Level and beyond.

I love sports, especially football and American football. My favourite football team is Charlton Athletic as I was born just down the road from their ground and both my father, and his parents, were ardent supporters.

I look forward to seeing you all after a restful, and hopefully sunny, summer holiday.



I'm **Miss Linstead** and will be the new Attendance and Pastoral Administrator in September. I'm a mother of three wonderful children, living a busy and fulfilling life. Our energetic dog ensures we stay active with regular muddy walks in the countryside.

I work in administration, a role that keeps me organised and on my toes, managing various tasks and responsibilities.

When I manage to find some spare time, I love escaping into a good book and experimenting with new recipes in the kitchen. Balancing family, work, and personal interests keeps life interesting and rewarding.



My name is Miss Harvey and I will be joining Flegg in September and a teacher of music. I am a professional Opera singer who studied at the Royal Welsh College of Music and Drama. Whilst studying I was a member of the BBC Chorus of Wales and performed frequently at St.Davids Hall and Hoddinott Hall in Cardiff.

I am currently the musical director and singing teacher for a professional performing arts school in Norwich.

I am excited to start my teaching journey at Flegg High and I look forward to collaborating with students to produce music and encourage the next generation of musicians.



My name is **Miss Ketteringham,** and I am an experienced teacher of Art & Design. I have a BA in Design & Illustration and a PGCE in Art & Design. I began my teaching career in Bicester in Oxfordshire moving over to Norfolk in 2001 to work in Sir John Leman High School. In 2006 I moved to East Point Academy (formerly Kirkley High School) in Lowestoft to take up the post of Head of Art. I remained there until 2024.

Art has always been my passion and one I love to share with my students. I enjoy delivering a range of processes and techniques within Art & Design such as drawing, painting, printing, ceramics, 3D and digital design.

I always try to generate a creative learning environment where pupils can feel safe to explore, develop and refine their artistic skills. I want to see pupils realise their creative potential and aim to allow pupils to explore areas of personal interest in a creative way. I will also provide the opportunity for the students to deepen their knowledge of art history and through research, analysis, and evaluation of historical and modern art, become confident talking about works of art. I not only want pupils to view real works of art in a gallery setting, but I also want them to experience having their own work exhibited.

I am a mother of 3 boys, 2 of whom are in the middle of apprenticeship courses and the youngest is about to move up to year 6. In my spare time I attend many of the sporting activities, games, and competitions my youngest son is involved in. I also enjoy cooking, gardening and anything creative and hope to pick my violin back up again to join a music group when time allows.



Hello! I am Miss Cunningham. I am an enthusiastic English teacher with over 10 years of experience teaching both at home and abroad. I have lived and taught in Malaysia and Spain as well as the UK so I like to think I have a wealth of experience to offer! I pride myself on my ability to make literature fun and inspire a love of reading in my students. This will be my first year at Flegg and I am excited about this new opportunity and keen to meet my new year 7 form so we can begin the year together!



My name is **Mr Lyons**, I am your new head of department for PE & Travel and Tourism. I am a passionate and committed teacher who is always striving to get pupils to be the best version of themselves in all areas of the PE curriculum. My sporting passions are that I am a keen football and basketball fan, following Newcastle United and the Golden state warriors. Not only that I am a keen skiier and avid golfer, not that I am any good. This year at Flegg I am to improve the rugby and basketball provision within the school whilst maintaining an excellent standard of teaching across all sports provided. I am looking forward to this new challenge and meeting you all next year. Finally, if you see me looking lost next year, please direct me back to the PE department.



Hi my name is Miss Smith and I am very excited to start working at Flegg High as the new Year 7 Pastoral Assistant. This is my first time working in a high school and I am excited to meet you all. I used to work in a nursery so this will be a big change, but I am looking forward to meeting you all and getting to work at the school!



This reading list has been put together by our Head of English, Mrs Robertson:

#### Yr7 For Pleasure

"The Girl of Ink and Stars" by Karen Millwood Hargrave

"Refugee Boy" by Benjamin Zephaniah

"Wonder" by R.J Palacio

"Ghost" by Jason Reynolds

"The Graveyard Book" by Neil Gaiman

"The Goldfish Boy" by Lisa Thompson

#### Yr7 Preparation for Yr8

"The Canterbury Tales" by Geoffery Chaucer

"Great Expectations" by Charles Dickens

#### Yr8 For Pleasure

"The Northern Lights Trilogy" by Phillip Pullman

"Chinese Cinderella" by Adeline Yen Mah

"The Curious Incident of The Dog at Nighttime" by Mark Haddon

"Animal Farm" by George Orwell

"Coram Boy" by Jamila Gavin

"Booked" by Kwame Alexander

#### Yr8 Preparation for Yr9

"Othello" by William Shakespeare

"Journey's End" by RC Sherriff

"The Yellow Wallpaper" by Charlotte Perkins Gilman

#### **Local Libraries**

Martham Library – Black Street, NR29 4PR
Caister Library – Beach Road, NR30 5EX
Great Yarmouth Library – Tollhouse Street, NR30 2SH
Stalham Library – High Street, NR12 9AN

#### Yr9 For Pleasure

"Purple Hibiscus" by Chimamanda Ngozi Adichie

"The Diary of a Young Girl" by Anne Frank

"Noughts and Crosses" by Malorie Blackman

"Frankenstein" by Mary Shelley

"Brighton Rock" by Graham Greene

#### Yr9 Preparation for Yr10

"Macbeth" by William Shakespeare

"An Inspector Calls" by JB Preistley

"A Christmas Carol" by Charles Dickens

#### Yr10 and Yr11 reading for pleasure

"The Inheritance Games" by Jennifer Lynn Barnes

"The Kill Factor" by Ben Oliver

"Wild East" by Ashley Hickson-Love

"Grow" by Luke Palmer

"Every Day" by David Levithan

# **Event Team Summary by Mrs Spooner**

The Event Team have had a great year, and I would like to extend a huge thank you to all the students, staff and parents for volunteering throughout the year to make our events possible.

The items that have been purchased in the last 12 months include:

Defibrillator for the community

Picnic benches

Shed and equipment for students to use at break and lunch time

Lego and games for the SEND hub

Aprons for the Catering department

Revision books for the Technology department

Books for the library

Basketball hoops

Camera

**Equipment for Dance and Drama** 

**Posters for Computer Science** 

Books for a new History library

Sound equipment for events

Revision books for the MFL department

**Equipment for Science** 

Books and equipment for Geography

Craft materials for clubs and events



We are looking for volunteers to join our team and help at events. To find out more contact Mrs Spooner on 01493 749207 or email dspooner@fleggoa.co.uk



A huge thank you to The Bell in Hemsby for being our first business sponsor of our 2024-2025 events. Sponsorship helps with advertising our events and allows us to run the free community activities that are popular with all the family. If you own a business or work for a company that would be interested in sponsoring our events please get in contact me.

Our next event is our Christmas Market on Saturday 23<sup>rd</sup> & Sunday 24<sup>th</sup> November 10am -4pm.

# **Sporting Achievements**







Last weekend Lilymae Coote in year 11 and Maizie Boylan in year 10 represented the school in the English Schools athletics competition in Birmingham.

Lilymae qualified for the U17 girls' hammer. Congratulations on making it on to the podium in Bronze position with a new PB, club record and Norfolk county record throw of 51.05m. What

an incredible achievement - Good luck with your athletics career in the future, and the possibility of representing England over the summer!

Maizie qualified for the U17 girls' 100m. Maizie performed fantastically well in her heats running a personal best of 12.08s and finishing in 2<sup>nd</sup> place. She qualified for the final coming in 7th with a photo finish. Maizie is now ranked 6<sup>th</sup> in the UK!

A brilliant weekend for both our athletes - we are looking forward to hearing more amazing news from these two and the rest of our athletes.





#### **Baton Twirling European Championships**

Matilda Utting and Mrs Utting travelled to Croatia last week to represent England in the European Baton Twirling Championships. Matilda competed as an individual and as a part of a group. Mrs Utting was chosen to be one of the England coaches. It was a wonderful and exciting experience to be a part of. Matilda performed brilliantly all week, in a very competitive section and ended in 25<sup>th</sup> place out of over 50 athletes in her individual event and the team finished in 12th.





#### **Dates for your diary**

Wed 4<sup>th</sup> Sept: First day back for year 7 and 11 students only

Thur 5<sup>th</sup> Sept: Normal school day for all year groups

Wed 4<sup>th</sup> Sept: Year 7 Information Evening 5.00pm-5:45pm Mon 9<sup>th</sup> Sept: Year 8 Information Evening 5.30pm-6.15pm Mon 9<sup>th</sup> Sept: Year 9 Information Evening 6.30pm-7.15pm Tues 10<sup>th</sup> Sept: Year 10 Information Evening 5.30pm-6.15pm Tues 10<sup>th</sup> Sept: Year 11 Information Evening 6.30pm-7.15pm

Wed 18th Sept: Year 7-11 student and staff photos

Tue 1<sup>st</sup> Oct: Year 7 Help your child succeed evening 5pm-6pm Thur 10<sup>th</sup> Oct: Year 11 Progress Evening 3.30pm-6.30pm

Tue 22<sup>nd</sup> Oct: Year 11 photo P5 Fri 25<sup>th</sup> Oct – Fri 1<sup>st</sup> Nov: Half term

Sat 23<sup>rd</sup> & Sun 24<sup>th</sup> Nov: Christmas Market 10am-4pm

Fri 13<sup>th</sup> Dec: Christmas Jumper Day Fri 20<sup>th</sup> Dec: Last day of term

# Online Safety advice for parents and carers



## What's on over the summer







#### **ACTIVITIES**

- THE CAVING EXPERIENCE THE GAMES STATION LASER TAG CIRCUS WORKSHOP CLIMBING WALL HAIR BRAIDING
- FACE PAINTING MINI MONSTERS
- **DINO SQUAD FACE GLITTER** CRAFTS
- NERF GAMES SINGERS

DISCO

- GOMMUNITY FUND
- CHAIR O'PLANE RIDE **GIANT CONNECT 4**



**GYMNASTICS GROUP** 

MODEL TRACTORS

VR ESCAPE ROOMS

BALLOON BLASTER

MINI WALTZERS

GIANT KERPLUNK

FLEGG PARISH CHURCHES

# SUMMER HOLIDAY CHURCH

Sundays at 3.30 pm

Children's Crafts, Bible Stories, Songs and Refreshments All Children Welcome - with their Families!

28 July - St Margaret's Ormesby 4 August - All Saints Filby 11 August – St Mary's Martham 18 August - Holy Trinity Winterton 25 August - St Peter's Clippesby 1 September – St Margaret's Fleggburgh

21 July - St George's Rollesby

For More Information Phone Revd Debs - 07954 338902

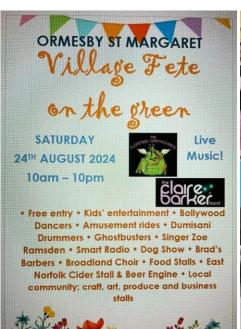




The Green, Stokesby,
Great Yarmouth NR29 3EX











Tuesday, August 6th

Session

Civil Engineering Skills

Construction Planning Project

Animal Care Experience

Ready, Steady, Cook

Art and Creativity

Performance and Dance

Create and Paint

Emergency Crisis Response

Thursday, August 8th

Interactive Offshore Wind East Coast C Childcare Activities

Morning only 9am-12pm

Morning 9am-12pm

&

Afternoor 12.30pm-3.30pm

Time

ADVENTURE

Health and Social Skills East Coast College Lo

Campus

Lowestoft Sixth Form

Lowestoft Sixth Form

HOLIDAY CLUBTIMETABLE HOLIDAY CLUBTIMETABLE

#### Thursday, August 8th Session Campus Learn to Weld Afternoon only 12.30pm-3.30pm Health and Social Skills Morning 9am-12pm & Afternoon 12.30pm-3.30pm

Tuesday August 13th

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Time	Session	Campus			
Morning only 9am-12pm	Discover Archaeology	East Coast College Lowest			
	Ready, Steady, Cook	East Coast College Lowest			
Morning 9am-12pm	Nail Art and Design	East Coast College Lowest			
8	Performance and Dance	Lowestoft Sixth Form			
_	Film Making	Lowestoft Sixth Form			
Afternoon 12.30pm-3.30pm	The Teamwork Challenge	Lowestoft Sixth Form			
12.50p111 5.50p111	Everything Sporty	East Coast College Great Yarmouth			

# HOLIDAY CLUBTIMETABLE











# **LOVE GARDENS**

about planting, growing and garden maintenance. Suitable for complete beginners or for those that just want to share their passion with others. Dates: 26th July or 2nd August 2024

Sign up today for a fun and friendly session! Call or email ACE to book your place

01493

Email: roy@ace-project.org.uk www.ace-project.org.uk/KnowYourNeighbourhood



Increasing volunteering and tackling loneliness through the **Know Your Neighbourhood Fund** 





#### Flegg High Ormiston Academy, Somerton Road, Martham, NR29 4QD

Secure your place at our Open Evening for prospective year 7 students on Thursday 26<sup>th</sup> September 2024 5pm-8pm.

Simply scan the QR code below and complete the online form or email admissions@fleggoa.co.uk or phone 01493 749207.

We know that each child is different and at Flegg we offer a broad, ambitious yet inclusive curriculum that enables students to discover new talents, be inspired and challenged.

At Flegg, we put the student at the heart of the curriculum. Guided by our core values of kindness, aspiration and respect, we believe that every child, regardless of ability, has the right to an excellent education that helps them to be become the best version of themselves. Our experienced teachers know what excellence looks like and how to encourage and support students in achieving this. We help our students nurture big dreams and empower them to make those dreams a reality.

Whilst some schools have slimmed their curriculum offer, Flegg is proud that its rigorous academic core is enriched by a wide range of creative and technical subjects. Students are able to experiment in <a href="well-resourced">well-resourced</a> science labs, to trial and develop in technology workshops and catering rooms, to create in art, dance and drama studios and to participate in team and individual sports using our sports hall, 3G and rugby pitches alongside our fitness suite. A wide curriculum helps ensure happy, engaged children who become well-disciplined and motivated learners. Being a student at Flegg extends beyond the classroom and students are able to access a wide range of clubs and extracurricular activities.

At Flegg we know that there are no excuses and we set the bar high. We are determined for all to achieve and provide a supportive environment for all to learn.



