

# Principal's Newsletter

## Friday 12<sup>th</sup> July 2024

Dear Families,

I think it's fair to say that we have thoroughly enjoyed Enrichment Week this year with more trips and visits, activities and fun than ever before. We hope you enjoy our round-up of some of the different opportunities our students have had below and find out from them about their co-curricular learning.

Year 10 have been on work experience all week – this is the first time that the academy has run work experience for many years and have been thrilled with how well students have engaged and the amazing feedback from employers. Well done to them all – it's been a really worthwhile few days.

Next week, we look forward to geography field trips for year 10 students, our art exhibition, the year 8 trip to Pleasurewood Hills and Sports Day. We're hoping for some sunny weather so we can end the term and the year on a high!

Our annual art exhibition, showcasing the work of outgoing year 11 GCSE art students is open to the public on Tuesday afternoon (see the advert) and we are pleased to be welcoming her worship, the Mayor of Great Yarmouth, Councillor Paula Waters-Bunn. All parents and carers are welcome to attend (not just those of year 11 students).



### Parent Forum

Yesterday, we held our last Parent Forum of the year. Thank you to those parents who attended and helped to shape our planning for the future. We discussed three topics; communication, homework and rewards. In addition to this, parents had the opportunity to discuss other items that they felt were important.

### You said, we did

One of the points made at Parent Forum relates to staffing for next year and the need to reassure our community. After a challenging year with more external cover than we would have liked, I am pleased to say that we are fully staffed for September with subject specialists. I can also confirm that there will be no 'cover' for staff who are on maternity leave, these lessons will be taught by permanent Flegg subject specialists. Obviously, as teachers we are not immune to the usual seasonal ailments, but we are looking forward to maintaining stability and routine and ensuring that high quality teaching and learning is at the heart of every child's experience of school.

To help introduce you to our new staff, we will include their photographs and bios in next week's newsletter, so you know who they are and the experience and passion they are bringing with them.

## Big Norfolk Holiday Fun

As we approach the summer holidays, there are some excellent activities on offer for our young people organised by Big Norfolk Holiday Fun. We would encourage parents and carers to take a look at what's on and encourage students to take part in new experiences and make new friends.



zoom out (Ltri+minus key)

# Summer Holiday Adventure Fun Days with X Adventure Activities

We are working alongside Big Norfolk Holiday Fun to provide more opportunities for young people aged 8-16 years old to access adventurous activities this summer!

We are offering a range of activities for free for all children eligible for benefits-related free school meals, as well as limited paid spaces. A nutritious lunch will also be provided on the day.

July	August
25 <sup>th</sup> Archery, Raft Building & Zip Line	2 <sup>nd</sup> Crate Stack, Raft Building & Wilderness Survival
26 <sup>th</sup> Crate Stack, Wilderness Survival & Trebuchet	5 <sup>th</sup> <b>Nature Conservation Day!</b>
29 <sup>th</sup> Archery, High Ropes, Raft Building	6 <sup>th</sup> Archery, Golden Coin Challenge & High Ropes
30 <sup>th</sup> <b>Olympic Themed Day!</b>	9 <sup>th</sup> Archery, Wilderness Survival & Zip Line
	12 <sup>th</sup> <b>Wilderness Survival Themed Day!</b>
	13 <sup>th</sup> Climbing, Trebuchet & Raft Building
	16 <sup>th</sup> Archery, Canoeing & Crate Stack
	19 <sup>th</sup> <b>Commando Themed Day!</b>
	21 <sup>st</sup> Archery, Raft Building & Zip Line
	22 <sup>nd</sup> Crate Stack, Trebuchet & Wilderness Survival
	29 <sup>th</sup> Archery, High Ropes & Raft Building
	30 <sup>th</sup> Archery, Golden Coin Challenge & Zip Line

Book Here!



X Adventure Development Centre, Dog Lane, Horsford, NR10 3DH  
Tel: 01603 693200 Email: mischa@xadventureactivities.co.uk



## Aspiration

Last Friday 7 of our music students attended the **Music for Youth National Festival in Birmingham** as part of the 'Echoes from the East' choir.

The Music for Youth Festival is a collection of regional festivals across the UK aimed to inspire musicians at every level of experience and across every genre of music. This collection of regional festivals forms the UK's largest festival for young musicians. 30,000 musicians take part every year and many go on to perform again at the Music for Youth Proms.

The choir performed 3 songs to the judges and received some really positive feedback.

*Congratulations to Livvie, Reuben, Molly, Arden, Sophie, Emily and Florence for a fantastic performance!*



# Enrichment Week Round Up

Here are just some of the activities and trips that our students have enjoyed this week!

## Culture Day - Dance and Drama-year 7

Alice in Wonderland by Lewis Carroll, published in 1865, celebrates British culture in several ways:

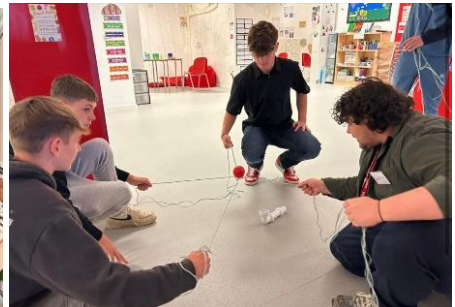
The story reflects the manners and social norms of Victorian England. Alice's politeness, curiosity, and emphasis on proper behaviour represent the era. Carroll's use of puns, riddles, and poems showcases the richness of British linguistic tradition and literary humour. The Mad Hatter's tea party nods to the British tradition of afternoon tea, parodying the formal tea culture of Victorian Britain.

The DANCE and DRAMA department have created a 'play in a day' based on Tim Burton's version of Alice in Wonderland and students have learnt the dance repertoire from Zonation's "The Mad Hatter's Tea party".



## Year 10

Year 10 students who did not have work experience placements have attended a course called 'Into University' in Great Yarmouth where they have taken part in lots of different types of activities designed to support them as they plan for the future. Here they are taking part in a team building exercise.



## Year 8 Camp

The year 8 residential camp trip was back this year with most of the year group enjoying the full camping experience! They took part in many different activities and had experiences they will remember throughout their school days. Camp coincided with the Euro semi-final so a 'fan zone' was set up in a tent to enable students to watch the match. Well done to all of them for the way they joined in and made the most of their time there.



## Science and Survival

This week Year 7 and Year 9 have been learning about Antarctica and needed to build a survival shelter that would stand up in a blizzard (a desk fan!) Mr Digby, subject leader for science told them about his experiences living in this inhospitable climate and then set them a challenge. Their challenge was that one person in the group had frostbite (and couldn't use their hands), and the rest in the group had snow-blindness (and couldn't see).



## Traditional Afternoon Tea

Year 7 and 8 students enjoyed extended time in our food tech rooms working as a team to create a traditional afternoon tea. A different member of each team was responsible for each item and the results were terrific!





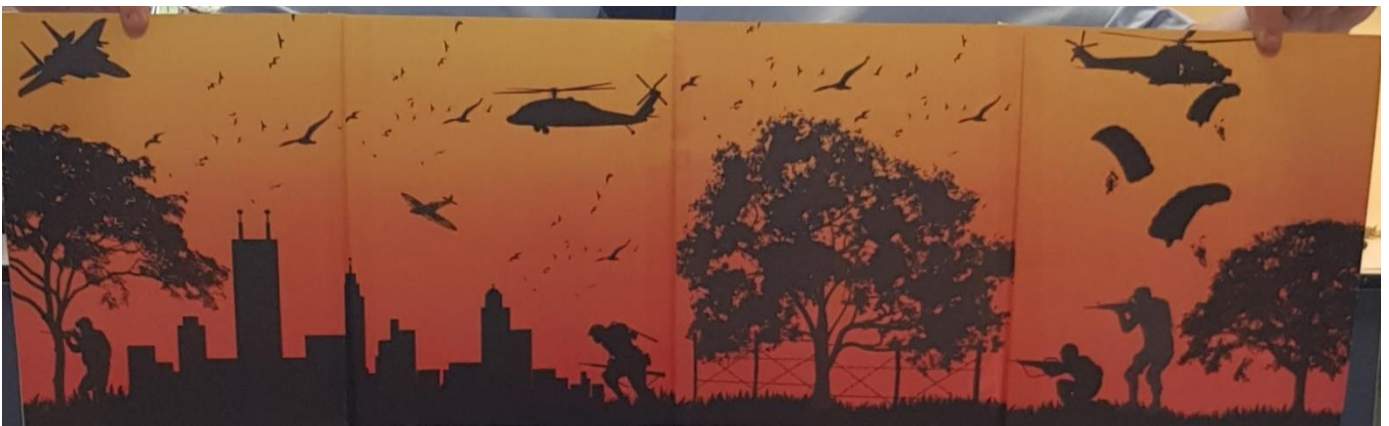
## Year 8 Cinema Experience

On Tuesday, the year 8s had a cinema experience watching the Tim Burton's film 'Alice in Wonderland'. ***Alice in Wonderland*** is a 2010 American fantasy adventure film. The film stars many British actors such as Anne Hathaway and Helena Bonham Carter, while featuring the voices of Alan Rickman, Stephen Fry, Michael Sheen, and Timothy Spall. A live-action adaptation and re-imagining of Lewis Carroll's works, the film follows Alice Kingsleigh, a nineteen-year-old who accidentally falls down a rabbit hole, returns to Wonderland, and alongside the Mad Hatter helps restore the White Queen to her throne by fighting against the Red Queen and her Jabberwocky, a dragon that terrorizes Wonderland's inhabitants. Pupils enjoyed eating popcorn whilst watching and discussed how the director used lighting, costume, sound and location to communicate the story in an after-show review.



## Year 9 Battlefields Art Day

Year 9 students who didn't attend the Pleasurewood Hills trip took part in a Battlefields Art Day (a true cross-curricular project!) Using photos and photoshop, they made some incredible art related to historical events. This is Harry's effort – we hope you are impressed as we are!



## Battlefields Trip

A large group of year 9 students went on the Belgium Battlefields trip, a trip that combined history with experience of a French speaking country. This popular trip always has a sombre edge to it as the students get to grips with the magnitude of casualties and the realities of trench warfare. However, combined with visits to a chocolate shop and the fun of a residential, a great time was had by all.



## Drumming with Mrs Sexton



## Jam Making

Our amazing Technology Technician Jayne Stewart has been making gooseberry jam with students this week which is on sale in our main reception for £1.50.



## Dates for your diary

Friday 19<sup>th</sup> July: Sports Day

Monday 22<sup>nd</sup> July – Tuesday 3<sup>rd</sup> September: Summer Holidays

## Attachments

National Online Safety

Community Events

# Online Safety advice for parents and carers

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

## What Parents & Educators Need to Know about SHARING INTIMATE IMAGES

An intimate image depicts sensitive – often sexual – content, and sharing these photos or videos is commonly known as ‘sexting’. As of January 2024, it is a criminal offence to distribute any intimate images shared by a third party without consent, with offenders facing prison time. Naturally, misuse of intimate images can lead to emotional distress and reputational damage.

### WHAT ARE THE RISKS?

#### EMOTIONAL DISTRESS

Victims of the misuse of intimate images and so-called ‘sexortion’ (blackmail involving sexual material) often experience significant emotional distress. The threat of having these photos or videos shared publicly can lead to anxiety, depression and a sense of helplessness. This emotional turmoil can affect daily life, academic performance and personal relationships.

#### DAMAGE TO REPUTATION

Intimate images being made public can severely damage a person’s reputation. This can lead to bullying, social ostracisation and long-term impacts on personal and professional relationships. If a blackmailer gets their hands on any intimate images, the fear of reputational damage can also make a victim far more vulnerable to ongoing extortion.

#### PRIVACY VIOLATIONS

Once intimate images are shared online, it can be difficult to quickly control where they wind up and who else sees them. This loss of privacy can have lifelong repercussions, including identity theft and persistent online harassment.

#### FINANCIAL EXPLOITATION

Perpetrators of sextortion may demand money from victims under the threat of releasing their intimate images publicly. This can lead to severe financial problems for victims and their families, compounding their emotional and psychological distress.

#### LEGAL CONSEQUENCES

If a child or young person creates and/or sends intimate images to others – especially adults – this is considered a form of child abuse under UK law. Having to disclose this type of abuse, although necessary, can be harrowing, leading to further trauma. It’s crucial for parents, carers and educators to understand the legal processes and be able to provide proper guidance and support.

#### TRUST ISSUES

Sharing of intimate images without consent can lead to long-term trust issues. Victims may find it difficult to trust others, impacting future relationships and their ability to form healthy, supportive connections. This erosion of trust can have profound effects on mental health and social wellbeing.

## Advice for Parents & Educators

### FOSTER A CULTURE OF OPEN COMMUNICATION

It’s vital to encourage open communication with children and young people about the dangers of sharing intimate images. Create a safe space where they feel comfortable discussing their online activities and any concerns they may have without fear of judgement. Be sure to respond to any worrying information with an attitude of support and learning.

### PROMOTE DIGITAL LITERACY

Digital literacy is incredibly important for children and young people to understand how to protect their privacy online. Teach them about secure online practices, such as using strong passwords, enabling privacy settings and recognising suspicious behaviour. This empowers them to be proactive in terms of their own safety.

### EDUCATE CHILDREN ON THE RISKS

Children and young people often want to understand why certain rules are in place. Educate them about the risks of sharing intimate images online, explaining the reasons for monitoring and other security measures. Highlight the potential for misuse, including sextortion, and the long-term consequences that can arise from these actions.

### PROVIDE SUPPORT RESOURCES

Ensure that children and young people know where to seek help if they become victims of sextortion or any other online abuse. Help them identify in advance which adults they can turn to and provide them with information about trusted resources like helplines (e.g. Childline) that they can access if they need help.

### Meet Our Expert

Gabriella Russo is a safeguarding and neurodiversity consultant with over 30 years’ experience working with children, families and adults in education, local authority and mental health settings in the UK and abroad.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: [what-parents-need-to-know-about-sharing-intimate-images](https://nationalcollege.com/what-parents-need-to-know-about-sharing-intimate-images)

@wake\_up\_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

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To find out more go follow National Online Safety on Facebook [www.facebook.com/NationalOnlineSafety](https://www.facebook.com/NationalOnlineSafety)



# Community Events

**MARTHAM FUN CARNIVAL**  
 JULY 13th & 14th 2024

THE THEME  
 FOR THE 2024 CARNIVAL PARADE  
 IS  
**THE 80's**

Anyone wishing  
 to take part in the parade  
 phone  
 Belinda/Karen 01493 296778

**Ormiston Denes Academy**  
**Summer Fete**  
 Saturday 13th July 2024  
 11.00am to 2.30pm

Live Performances . Workshops . Exhibitions  
 Refreshments . Gift Stalls . Craft Stalls  
 Book Stalls . Cake Stalls . Table Top Sales . Games  
 Hoopla . Hook-a-Duck . Splat the Rat & Lots More!

Free entry, fun for everyone,  
 bring your family & friends!

Unfortunately no pets are allowed on the school site

**Craft & Gift Fair**  
**Aylsham Town**

Everyone welcome!  
 Coffee & Tea

**Hall**  
 NR11 6EQ

Unique Handmade Crafts

**Sat 13th July**  
**10am-3pm**

**ACE**  
 Action Community Enterprises - CIC

**FREE**  
 26th July or 2nd Aug

**GREAT YARMOUTH**  
**DO YOU LOVE GARDENS  
 AND BEING OUTDOORS?**

ACE are running FREE one-day gardening workshops. Learn about planting, growing and garden maintenance. Suitable for complete beginners or for those that just want to share their passion with others. Dates: 26th July or 2nd August 2024

Sign up today for a fun and friendly session!  
 Call or email ACE to book your place  
 Location: ACE, Alpha Road, Corleston, Great Yarmouth NR31 0LQ

**01493 262299**

Email: [roy@ace-project.org.uk](mailto:roy@ace-project.org.uk)  
[www.ace-project.org.uk/KnowYourNeighbourhood](http://www.ace-project.org.uk/KnowYourNeighbourhood)

Funded by UK Government

Increasing volunteering and tackling loneliness through the **Know Your Neighbourhood Fund**

**UKCF**



# CAISTER Summer SOCIALS

FREE TO ATTEND  
COMPANITY  
EVENTS FOR  
EVERYONE

## Wish List

- PIRATE TOYS • SEA CREATURES • TRACTORS • FARM TOYS • DINOSAURS • PLAYSAND • METAL/WOODEN UTENSILS • FOLDABLE DECK CHAIRS • COMPOST • CONSTRUCTION TOYS • EMERGENCY SERVICES • ANIMALS • JUGS • SMALL WORLD ACCESSORIES • PICNIC BENCHES • RIDE ONS • BOUNCING ANIMALS • LOGS • CABLE DRUMS • SEA SHELLS • 'GOLD' COINS • FINE MOTOR TOOLS • MERMAIDS



22 JULY • 5 AUGUST • 19 AUGUST

LET'S NAVIGATE THE SUMMER HOLIDAYS TOGETHER!



SUNDAY 28TH JULY 12 NOON TO 5PM.

## HEMSBY FAMILY FEST

HEMSBY PLAYING FIELD. WATERS LANE. HEMSBY. NR29 4JD

FREE ACTIVITIES  
FUN FOR ALL AGES !!



FAIRGROUND | NORMICH ESCAPE ROOMS | THE GAMESTATION | PUNCH & JUDY | CARS | EMERGENCY VEHICLES | HEMSBY LIFEBOAT | BEER TENT

FOOD STALLS | STALLS | & LOTS MORE

FOR INFORMATION CONTACT  
HEMSBYEVENTS@GMAIL.COM OR CALL TINA  
07775 684356

FLEGG PARISH CHURCHES

## SUMMER HOLIDAY CHURCH

Sundays at 3.30 pm

Children's Crafts, Bible Stories, Songs and Refreshments  
All Children Welcome - with their Families!

- 21 July - St George's Rollesby
- 28 July - St Margaret's Ormesby
- 4 August - All Saints Filby
- 11 August - St Mary's Martham
- 18 August - Holy Trinity Winterton
- 25 August - St Peter's Clippesby
- 1 September - St Margaret's Fleggburgh

For More Information  
Phone Revd Debs - 07954 338902

# COFFEE MORNING

St. Michael's Church, Ormesby St. Michael  
Saturday 20th July, 10am-12pm



Hot drinks, savouries, cakes, tombola, raffle, jigsaws, and more!  
ALL WELCOME

STOKESBY Summer 2024 FETE

Saturday 3rd August  
2pm - 5pm

DISNEY SING ALONG WITH  
LAUREN & AMIE

STALLS - GAMES - HOMEMADE CAKES  
TUG OF WAR - FOOTBALL - MUSIC -  
DOG SHOW - BEER TENT  
HOT DRINKS - BBQ - FRESH PRODUCE  
RAFFLE & MORE

The Green, Stokesby,  
Great Yarmouth, NR29 3EX

Hosted by  
Martham Parish Council

MARTHAM Family Fun Day

Martham Playing Field  
Sunday 25 August  
12 - 10.30PM

CHILDRENS ENTERTAINMENT  
LIVE MUSIC  
BBQ  
PICNIC  
STALLS

Martham Sports & Social Club will be open 12-Late