

# Principal's Newsletter

## Friday 28<sup>th</sup> March 2024

Dear Families,

As we come to the end of the Spring Term, I would like to thank you all for your continued support. With higher than usual staff absence, it has been challenging at times, but we look forward to the new term with optimism as always.

Well done to our year 11 students who are navigating their way towards the final exams that start in May and especially to those students who have already completed practical assessments in subjects like dance, drama and hospitality and catering. We wish you a restful but productive Easter holiday!

### Rewards Assemblies

The last week of term always brings our rewards assemblies and this week it has been brilliant to celebrate a broad range of achievements with our fantastic students. Well done to everyone who has worked hard, put in effort every day and done themselves proud; they represent our community so well.

### Comic Relief

Thank you to everyone who donated to Comic Relief and took part in our fundraising activities last week. In total, the students raised £152.90. All activities were organised by our student leadership team and a great time was had by all.



### Easter Basket Competition

In a short half term with lots of other activities, a huge thank you needs to go to the forms who collected and took part in the Easter Basket competition. The food has now been delivered to the local food bank for distribution and they are very grateful for this. The two winning forms are 7LFU for best stocked and 8RTR for best decorated.



## Careers Mark

We are delighted to have been re-accredited with the Career's Mark; the quality in careers standards assessment. A big thank you to Mr Guy and his team for the work that went into this – we are really proud.



## Fake accounts on Social Media

We are aware of several Facebook accounts that have been set up recently to look like they are official Flegg accounts. Some of the names of these accounts mirror the terminology that we use in school and use photos of the school or our logo to attract attention and convince users that they are genuine. We know that some parents have inadvertently joined a group thinking it was an official school account. In reality, these are unmoderated spaces and are not monitored by the academy. Please can I make it clear that we have two official Facebook accounts which we hope and would encourage you to follow. They are:

<https://www.facebook.com/flegg.high.79>



<https://www.facebook.com/fleggoa>



We **do not** have a parent forum Facebook account. The parent forum is a face-to-face group that meets every term to discuss topics suggested by parents and families. Most recently we discussed Uniform, Detentions, Communication and Student Wellbeing. It was a really useful and productive meeting which will help to shape provision and school improvement. I will publish a summary of actions after Easter in the form of a 'You said, we did' piece. Parents and carers are invited to submit ideas for discussion topics. Looking ahead to the summer term, topics suggested so far have included cover lessons and food and drink.

If you have any problems, issues or concerns, I would encourage you to speak directly with the academy. If you aren't sure of who to talk to or how to get in touch, please contact [principalsoffice@fleggoa.co.uk](mailto:principalsoffice@fleggoa.co.uk) or call Mrs Spooner, Principal's PA on 01493 749207. I hold a Principal's surgery every week on a Wednesday with bookable appointment times either face to face or via telephone.

We value your voice and opinions and would like to engage proactively and positively with our community in the best interests of our students.

## Celebrating World Theatre Day at School: A Day of Theatrical Delight

This week saw World Theatre Day on Wednesday. To celebrate we held **Musical Madness Across the Curriculum**: In a unique twist, each subject had its own musical linked to them. From "Six" for history buffs to "Matilda the Musical" for literature lovers, there was something for everyone. Throughout the day, students got to immerse themselves in the melodies and stories that bring each subject to life in a whole new way.

World Theatre Day is a celebration of creativity, expression, and the transformative power of storytelling.



## Aspiration



Elisha competes 3 times a year around the country with her street dance team called Statics. Her team recently competed in Canvey Island, Essex and came third in the advanced section. Statics had been moved up to advanced after winning the team's intermediate section last year in Grantham, Lincolnshire.

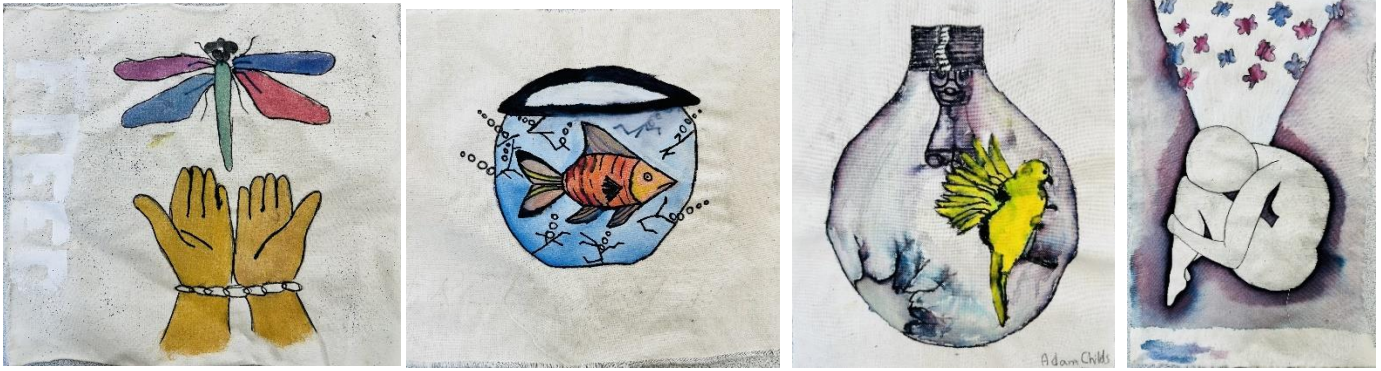
Elisha has been training hard with her team for the competition twice a week.



Sophie Rutkowska recently took part in the Roller Cup final and came first in the figures and placed 7th in free competition - well done Sophie!



## Student Work



These amazing pieces of artwork were created by Mr Coombes' and Mrs Peteva's year 9 class. These are their final pieces for the spring term where the focus was *Emotional Elements*. Students had the chance to choose a theme for their work (Freedom or Captivity) and were asked to work independently to develop their ideas. This was a taste of what GCSE art is like; developing observational, creative and drawing skills. Most students used mixed media (acrylic paint, watercolours, fine liners, charcoal and chalk) which made the task more challenging.

"Woman releasing butterflies" - Sophie Bancroft

"Trapped bird" - Adam Childs

"Free the Dragonfly" - Gracie Lambert

"Escaping fish" - Nia Pearson

## Attendance Corner

Last week's 100% attendance winners are:

Summer Page 7ABU  
Lola-Mai Leggett 8LDA  
Elisha Brown 9RPO  
Fenton Grimmer 10NHA  
Lillie Farnese 11MHO



## Medical / dental appointments

If your child has a medical or dental appointment, you must inform us in advance and provide a copy of the medical card/letter or a screen shot of the appointment. This needs to be sent to [attendance@fleggoa.co.uk](mailto:attendance@fleggoa.co.uk). If you arrive to collect your child for an appointment that we are not aware of, it will delay them being ready to leave. Please note for safeguarding reasons, students can only be collected by someone who is a listed contact on SIMS or if we have been notified in advance of someone who is not listed, this person will also be asked for ID. When collecting students, parents/carers need to come into the school to see the reception staff.

Please can I also take this opportunity to thank all parents who treat our reception staff with respect – they do a great job. Unfortunately, we have seen a rise in the number of incidents where this has not been the case and any abusive language or behaviour will be addressed formally with individuals.

## Equipment Reminder

A long holiday is the perfect opportunity to check that your young people have the correct equipment they need for school every day and replace where necessary. Students should have a school bag, pencil case with a black pen, a green pen, a pencil, a ruler, a calculator and an eraser. Students should also have a reading book and the correct Flegg PE/Dance/Drama kit.

## Chewing Gum Ban

We have a complete ban on chewing gum in the academy. It serves no educational purpose and makes a really big mess around the site as it is often not disposed of correctly. Please can you reiterate this to your young person as we will be cracking down hard on this after Easter. Many thanks for supporting this.

## Staff Hellos and Goodbyes

We say a fond farewell to the following staff this Easter;

Mr Linehan, Assistant Principal and PE teacher has been at Flegg for many years and moves on to an exciting new role within the trust. He has been promoted to Head of the two new OAT Managed Intervention Centres, the first of which will be in Lowestoft. We wish him well and are pleased we will still be working with him, albeit in a slightly different capacity. Mr Linehan's teaching will be taken over by existing school PE specialists.

Mrs Gerken, our Finance Manager is retiring! Many of you will have spoken to Mrs Gerken over the years and we will miss her greatly. We wish her a joyful retirement.

And finally, Dr Butler will be leaving us as Subject Leader of Music and we wish her the very best for the future. Dr Butler's teaching will be taken over by Mr Thomas and Mrs Sexton.

We are looking forward to welcoming a number of new staff after Easter who I will introduce properly in our first newsletter back. Mrs Robertson joins us as subject leader for English, Mr Dean as teacher of music and Mr Savage as teacher of technology.

## Netball report by Mrs Copley



### Year 8 Team:

Back - Molly, Emily, Lexi, Lily,  
Deyarna, Isla.

Front - Isabelle, Ruby, Alaya, Maddie  
Bijou.

Congratulations to the year 8 netball team who won the great Yarmouth schools area tournament last Tuesday.

They were triumphant in all their matches. The results are as follows - Lynn Grove 8-2, Caister score 4-2, Venture 9-3. Overall 1st place Flegg, 2nd Caister, 3rd Lynn Grove, 4th Venture.

Our MVP for the tournament was our captain Lexi. Overall, an excellent performance by the whole team. Some great all-round play and superb shooting by Lexi, Molly and Deyarna; great defensive work in the circle by Isla, Bijou and Lily; and mid court link up, interceptions and mid court build up by Alaya, Ruby, Emily, Maddie and Isabelle.

Well done girls - a huge achievement! Your progress has been fantastic this season.



### **Year 7 Team:**

From left to right: -Summer, Daisy, Mollie, Molly, Matilda, Elizabeth (captain), Izzy, Yvonne and Elise.

On Tuesday, the year 7s played in the final tournament of the season. We played 3 matches. The first match was against Acle, this was a very close game with the final score 6 – 5 to Flegg. Elise was voted player of the match by the opposition with some excellent shooting. The second game was against Caister, this was a competitive match with some great mid court play and superb interceptions by Summer, Matilda and Molly and defending by Elizabeth and Mollie; another win for Flegg! The player of the match went to Izzy for her hard work and excellent play. The final game was against Venture, at half time it was a very low score 1-0, but the girls soon got into the swing of things and pulled ahead, the final score was 5-1, again Izzy was having an impressive game and was voted player of the match. Well done to Matilda, Summer, and Daisy on their debut matches.

The final standings – 4<sup>th</sup> Acle, 3<sup>rd</sup> Venture, 2<sup>nd</sup> Caister 1<sup>st</sup> Flegg – well done girls!!!

## **Sports report**

### **Year 9 Leaders**

Our year 9 leaders have been busy this week. Last week Flegg hosted a year 5/6 indoor athletics event. The year 9 pupils made sure all field events took place correctly then judged the many relay races. Well done to all the primary schools that attended and to the pupils who took part.

The second event involved approximately over 70 year one and two pupils and 8 football teams. Four primary schools attended the football tournament, all pupils who participated showed great resilience as the weather was getting colder with each match. Each team had a year 9 pupil to encourage, organise and officiate the games that the teams played. The primary schools were complimentary of many of the year 9 leaders. Every game was well contested and congratulations go to Caister Infant Junior School who were the winners overall.

### **Year 9 Boys football team**

The year 9 boys football team have been busy over the last week, playing Ormiston Venture and Ormiston Victory Academy. The league game was well contested and Flegg created many chances and were linking up well with each other. The breakthrough finally happened with a good strike from Dexter, a second goal then followed. Flegg then maintained control over the game and won 2-0.

The same team then welcomed Ormiston Victory Academy in a semi-final cup game. Flegg started incredibly fast and went 5-0 up within the first 15 minutes. The goals were shared out between the team, many other attempts were created during the first half but with the comfortable lead it enabled many changes to be made and for pupils to try new positions. This also highlighted that some players need to stay in their defensive positions for the future.

Flegg continued to maintain pressure in the second half, but as the opposition tried to come back into the game, more opportunities were being presented to Flegg. More goals came in the second half and Flegg ended up winning the game 12-0 and are through to the Plate Cup Final. The team won this competition in year 7 and hope to repeat this achievement again this year. Well done to the whole team!

## Dates for your diary

2pm-4pm Every Wednesday: Principals Surgery (contact [principalsoffice@fleggoa.co.uk](mailto:principalsoffice@fleggoa.co.uk) to book)

Friday 29<sup>th</sup> March – Friday 12<sup>th</sup> April: Easter Holidays

Monday 15<sup>th</sup> April: First day back

Thursday 2<sup>nd</sup> May: Year 8 Progress Evening 3.30pm-6.30pm

Monday 6<sup>th</sup> May: Bank Holiday

Thursday 23<sup>rd</sup> May: Year 7 Progress Evening 3.30pm-6.30pm

Monday 27<sup>th</sup> – Friday 31<sup>st</sup> May: Half Term

Monday 3<sup>rd</sup> June: First day of term

Thursday 6<sup>th</sup> June: Parent Forum 4.30pm-5.30pm (contact [principalsoffice@fleggoa.co.uk](mailto:principalsoffice@fleggoa.co.uk) to book)

Saturday 22<sup>nd</sup> June: Summer Fayre 10am-4pm

Monday 1<sup>st</sup> and Tuesday 2<sup>nd</sup> July: Year 6 Transition Days

Tuesday 2<sup>nd</sup> July: Year 6 Transition evening for families

Thursday 4<sup>th</sup> July: Year 11 Prom

Monday 8<sup>th</sup> – Friday 12<sup>th</sup> July: Enrichment Week

Friday 12<sup>th</sup> July: Sports Day

Monday 22<sup>nd</sup> July – Tuesday 3<sup>rd</sup> September: Summer Holidays

With kind regards,



Mrs Jane Bennett, Principal

## Attachments

National Online Safety

Community Events

# Online Safety advice for parents and carers

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](http://nationalcollege.com).

## What Parents & Educators Need to Know about CLICKBAIT

Clickbait is a controversial online marketing strategy which uses sensationalist (and frequently misleading) headlines to encourage engagement with an article, image or video – often playing on users' emotions and curiosity, while much of the actual content is of questionable accuracy. Clickbait is also sometimes used to disguise scams, phishing sites and malware.

### WHAT ARE THE RISKS?

#### HARMFUL MISINFORMATION

Clickbait tends to play fast and loose with the truth, opting for eye-catching content over objectivity. This is particularly dangerous for younger internet users, who are generally more susceptible to that type of material. A child could be presented with fake news, misleading articles and – in some cases – outright lies without fully understanding what they're viewing and why it's harmful.

#### INAPPROPRIATE CONTENT

Due to the misleading nature of many examples of clickbait, what may seem to be innocuous and child friendly could actually contain age-inappropriate material such as extremist political views or violent, pornographic or sexually explicit content. This is clearly a hazard for young people, who could be upset, disturbed or influenced by exposure to such subject matter.

#### HIDDEN MALWARE

While most clickbait is simply trying to promote engagement to earn companies additional revenue, some of it *does* redirect to dubious sites with the potential to infect devices with viruses or malware. This could put a child's sensitive data – such as their name, their location and their date of birth – at risk of being accessed and exploited by malicious hackers.

#### PRIVACY PROBLEMS

Some clickbait leads to sites which could coax a child into volunteering their personal data – using pop-ups to ask them for their email address and phone number, for example, in exchange for accessing additional content or subscribing to various services. Normally, this harvested information is then sold to third parties, who often utilise it for targeted adverts and other sales schemes.

#### A DRAINING DISTRACTION

Clickbait encourages spiralling consumption of online content, which could easily result in a young person spending hours scrolling aimlessly instead of doing something productive or interacting with family and friends. This can leave them tired, social and lacking focus – and, in the long term, can negatively impact their social skills, education and mental wellbeing.

#### IMPACT ON BEHAVIOUR

Depending on the type of clickbait a child is interacting with, you might notice negative changes in their behaviour. Weight loss scams, for example, are common among clickbait and have the potential to influence eating habits and body image – while deliberately inflammatory 'rage bait' articles can leave impressionable young people feeling irritable, restless or argumentative.

### Advice for Parents & Educators

#### START A CONVERSATION

The sheer volume of clickbait can make protecting children against it quite challenging. It's vital to talk to young people regularly about the types of content they encounter online, so that they understand the risks of engaging with clickbait. If you're still concerned, it may also be wise to keep an eye on children's online activity to ensure they're not being tempted by clickbait headlines.

#### PROMOTE CRITICAL THINKING

Encouraging children to question the legitimacy of sensational headlines and too-good-to-be-true promises will help them to become savvier online – and far less likely to be drawn in by clickbait content. These critical thinking skills will also serve to protect them in other areas of the digital world where misinformation is becoming increasingly common.

#### SPOT THE TELLTALE SIGNS

There are certain common elements in clickbait, including headlines and images that use shock and outrage to grab people's attention – as well as numbered lists, such as "8 Facts You Won't Believe Are True". Some clickbait combines several of these tactics to snag users' interest. Learn to recognise these techniques for yourself so you can teach children to notice them as well.

#### TAKE CONTROL

Many parents opt to place limits on how long their children can spend online each day, which obviously reduces the chance of exposure to clickbait. Alternatively, most internet-enabled devices have built-in controls that allow parents to manage what sort of online content their child can access – including filtering by age, which can screen out a percentage of inappropriate material.

#### Meet Our Expert

Carly Page is an experienced technology writer with more than 10 years in the industry. Previously the editor of tech tabloid *The Inquirer*, she is now a freelance technology journalist, editor and consultant who writes for *Forbes*, *TechRadar* and *Wired*, among others.



#WakeUpWednesday

The National College

@wake\_up\_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 27.03.2024



# Community Events

Rollesby Community Woodland presents:

# EASTER Fest

**Saturday 30th March 11-3**

COME JOIN US FOR FOOD, DRINK, STALLS ALL ALONGSIDE A HUNT AROUND THE FARM WITH THE EASTER BUNNY!

AT  **GRANGE FARM, ROLLESBY, NR29 5AJ**

**EASTER CAKES STALLS**  
**BUNNY DRINKS EASTER**  
**FREE ENTRY BBQ HUNT**  
**KIDS CRAFTS**  
**FACE PAINTER**

A FREE GIFT FOR EACH CHILD

**OUR KIND SPONSORS OF THE DAY:**



CAISTER COMMUNITY FUNDRAISING & EVENTS PRESENTS:

# EASTER ROCK PAINTING

FOR CAISTER'S ROCK TRAIL

**10AM - 1PM**

**THURSDAY 28TH MARCH**

**CAISTER COMMUNITY SPOON, CAISTER PLAYING FIELD**

GRAB A ROCK AND UNLEASH YOUR CREATIVITY BY PAINTING AN AMAZING SPRING DESIGN.

THEN, GO ON A MISSION TO HIDE IT SOMEWHERE IN CAISTER FOR EVERYONE TO DISCOVER AND ENJOY.

ALL AGES/SKILLS WELCOME, WITH EXTRA ACTIVITIES INCLUDING HOOK A DUCK, SEASONAL TUFF TRAYS AND A VISIT FROM FLOPSY THE EASTER BUNNY.

**FREE TO ATTEND**

**ALL AGES welcome**



ALL WELCOME!  
 £6 PER DOG  
 FOOD STALL

PARKING ON SITE  
 OUTDOOR EVENT

FIND THE GOLDEN EGG!

FUN FOR YOU AND THE FAMILY

# EASTER EGG HUNT (FOR DOGS!)

BOOKING REQUIRED FOR SESSION TIMES:  
 10AM - 11:30AM - 1PM  
 RUFF DOG TRAINING FIELD, NR29 4DR

GIFT STALLS  
 DRINK STALL

**RUFF**

APRIL 14, 2024

TICKETS: [WWW.RUFF-DOGS.CO.UK](http://WWW.RUFF-DOGS.CO.UK)



# Fairy-Haven

A magical fairy door trail

Follow the fairy doors through **Fairhaven Woodland & Water Garden**  
 Meet the fairy characters, listen to magical stories and take part in fairy crafting!\*

\*Extra add-on activity

Easter Holidays  
 30th March - 7th April

by **Fairy Penpal**

Pre-book online or pay on the day!

[www.tinytheatre.com/myfairypenpal](http://www.tinytheatre.com/myfairypenpal)



THE WATERWAYS ISLAND

# EASTER AT THE WATERWAYS

ALL NEW EASTER BUNNY TRAIL  
EASTER RAFFLE  
ARTS & CRAFTS  
LIVE MUSIC & EVENTS  
GAMES AND DISCO PARTIES  
SPRING GARDEN TOURS  
NEW FOOD & DRINKS OFFERING  
BOAT & PEDALO HIRE

March 27th - April 14th

For more information contact  
lee.brown@accessct.org

Duffles Pond

## Wild Childrens Easter Eggstravaganza

AT DUFFLES POND COMMUNITY WILDLIFE AREA  
WINTERTON NR294AJ  
WEDNESDAY 3<sup>rd</sup> APRIL 10AM - 3PM

Free Entry Egg Hunt Crafts  
Raffle Games

ALL PROCEEDS GO TO DUFFLES POND VOLUNTEER GROUP

# EASTER EGG HUNT

GOOD FRIDAY - 29th MARCH  
11AM - 3PM

Stalham Town Football Club  
Rivers Park, Stepping Stone Lane, Stalham, NR12 9ER

REFRESHMENTS  
EMERGENCY SERVICES  
ARTS & CRAFTS  
HAPPISBURGH OWLS  
GAMES & STALLS  
and much more!!!

ALL PROCEEDS GO TO STALHAM TOWN FC

£1 PER CAR  
£3 PER CHILD

Want to try something new during the Easter holidays?

April 2 - April 12

If you receive benefits-related free school meals you can take part in free activity days over the holidays.

Book a session and drop in to see what it's like!

Choose from

- Football and multi sports
- Water sports
- Drama, theatre and dance
- Music
- Mad Science camp
- Cooking

And lots more!

Book today using our Every Move activity finder

SUNDAY 28TH JULY 12 NOON TO 5PM

## HEMSBY FAMILY FEST

HEMSBY PLAYING FIELD, WATERS LANE, HEMSBY, NR29 4JD

FREE ACTIVITIES  
FUN FOR ALL AGES !!

FAIRGROUND | NORMICH ESCAPE ROOMS | THE GAMESTATION | PUNCH & JUDY | CARS | EMERGENCY VEHICLES | HEMSBY LIFEBOAT | BEER TENT!

FOOD STALLS | STALLS | & LOTS MORE

FOR INFORMATION CONTACT  
HEMSBYEVENTS@GMAIL.COM OR CALL TINA  
07775 684356

The future is ours to make

Acle Cricket Club presents

## Ladies & Girls Cricket Nights

Every Monday throughout the summer  
from 13th May - 6:30-8:00pm  
at Acle Recreation Centre, Bridewell Lane, Acle NR13 3RA

Free of charge • Softball fun & games • Hardball introduction & coaching  
No experience needed - focus is on having fun! • All equipment provided

For more information contact Alex on 07979 368891

@wegotgameofficial #WEGOTGAME.