

# Principal's Newsletter

## Friday 21<sup>st</sup> July 2023

Welcome to the final newsletter of the year!

We have really enjoyed the last week of term and the opportunity to take part in sports day on Monday, the art exhibition on Tuesday and the end of year celebration assemblies.

I hope that the additional documents you are receiving will be helpful over the course of the next academic year and in particular, I encourage you to stick our 'fridge list' up as a daily reminder of some of our key information. I also enclose a 2023-2024 information booklet, a Flegg photo keepsake of 2022-2023 and the end of term Safeguarding bulletin.

Thank you for your continued support over the course of this year. The academy site will be a hive of activity over the course of the next 6 weeks with a significant amount of building work and site development happening – I'm really looking forward to showing you the changes in September!

## Aspiration

### Art Exhibition 2023

This week, the old hall was converted into an art gallery! It was a lovely opportunity for the y11s and their families to return and see their work on display. The exhibition was also viewed by students of all year groups who had a chance to see the inspirational artwork during form time. It was nice to see the younger students engage with the art and ignite some of their creative aspirations.

The art show was a real success and highlighted the talents and hard work of the Y11 art students.



## The Event Team supporting our Primary Schools

Our amazing event team was out and about in the community over the last 2 weeks supporting our primary feeder schools' summer fayres. Well done to all students who participated – we love their rain/sun hats!

In total they raised £93 at Hemsby and £53 at Rollesby. All the money raised went directly to the primary schools.



## #wewill

As you know, Flegg has taken part in two different social action campaigns this year. Mrs Trevor lead wewillperform in the Autumn term while Mrs Cropley has just finished the wewillexplore project. We are delighted to have received the Murray Award from Ormiston Academies Trust for completing a minimum of 25 hours' worth of social action activities. Here is Mrs Cropley receiving the award from Mrs Robson on behalf of the Trust. Well done to everyone involved!



## Sporting Superstar!

On Tuesday this week, Maizie Boylan in year 9 was presented with a trophy following on from her performance earlier in the term at the schools' athletics tournament. Out of all the schools who took part, Maizie was chosen as 'best performer' overall. With some famous names already engraved on the trophy from previous years, Maizie joins an illustrious group of talented sportspeople. Well done!



## Secondhand uniform shop

Due to the work taking place over the summer, we are unable to open the secondhand uniform shop. However, if you contact Mrs Spooner during the first week of the holidays (Mon 24<sup>th</sup> – Fri 28<sup>th</sup> July) she will try to source uniform for you. 01493 749207 [dspooner@fleggoa.co.uk](mailto:dspooner@fleggoa.co.uk)

## Free School Meals

If your situation has changed you may be entitled to free school meals for your child.

If your child is in Year 3 or above, you must receive one of the following to get benefit-related free school meals:

- Universal Credit - with an annual earned income of no more than £7,400 after tax
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part 6 of the Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Working Tax Credit run-on (paid for the four weeks after you stop qualifying for Working Tax Credit)
- Child Tax Credit (with no Working Tax Credit) with an annual gross income of no more than £16,190

To find out more and apply go to [www.norfolk.gov.uk](http://www.norfolk.gov.uk)

## Foodbank

The Flegg area foodbank covers Martham, Somerton, Horsey, Winterton, Hemsby, Scratby, Ormesby, Repps, Thurne, Billockby, Fleggburgh, Stokesby, Runham, Rollesby, Thrigby, and Clippesby.

For more information call 01493 740823 or email [foodbank@flegg.org.uk](mailto:foodbank@flegg.org.uk)

## Excellent Work

In their last lesson of the year, **year 10 catering** students made focaccia art bread. The outcomes look brilliant – even the one that represented their teacher, Mrs Williams-Barry!



### Excellent work in History

A massive well done to Florence Achenbach, Daisy Dee Brown, Nicole Chen, Ellie Collop, Florence Farman, Codie Jeary and Katrina Wu in year 7 for their outstanding history assignments. Also massive well done to Lil Cooper, Mckenzie Bates, Arthur Craddock, Max Fruin, William Gomulak, Isla Gowing, Lili Stevens, Reuben Achenbach and Kallum Breeze in years 8 and 9. They all worked very hard to prepare their write up and as a result did exceptionally well.

## Other Information

### Farewell to staff

As we reach the end of the academic year, we say a fond farewell to the following staff. We wish them all the very best for the future!

Mrs McNally – English Teacher and Year Leader  
Mrs Chapman – Head of Science  
Mr Crowther – MFL Teacher  
Mrs Lincoln – English Teacher (part time)  
Mrs Merryweather - Science Teacher (part time)  
Miss Long – Maths Teacher  
Miss Yellon – Science Teacher

### Welcome to new staff

In September we will be welcoming the following new staff. We will ask them to introduce themselves to you in future newsletters!

Mrs Fountain – KS3 Teacher  
Dr Butler – Head of Music  
Mr Digby – Head of Science

Miss Hollins – English Teacher  
Miss Ingram – English Teacher  
Miss Parden – English Teacher  
Mr Cannell – Science Teacher  
Miss Cuddington – Science Teacher  
Mrs Smith – Teaching Assistant/LSA  
Mr Tasler – Cover Manager

Mr Maclean will be joining us in January 2024 as Year 7 Year Leader and Maths Teacher. In the Autumn term, Mrs Thurtle will step into the role of year leader for year 7, supported by Mrs Nelson, Assistant Principal.

This week we have also welcomed back Mrs Reynolds after her maternity leave. Mrs Reynolds continues to work as a teacher of MFL.

### **Change of role**

As Mrs McNally leaves her role as Head of year 9, she will be replaced by Mrs Williams-Barry, an experienced Head of Year who has most recently been Head of Year 11.

### **Items for Principal's Newsletter**

Don't forget to let us know about all the interesting things our students are getting up to outside of school. Please email us at [principalsoffice@fleggoa.co.uk](mailto:principalsoffice@fleggoa.co.uk) to let us know.

### **Dates for your diary**

Please see your fridge friendly list for 2023-2024 dates.

Wishing you a happy and healthy summer!

With kind regards,



Mrs Jane Bennett, Principal

# Summer Community Events

## Fleggburgh Village Hall Events

Saturday 19<sup>th</sup> August 6.30pm (free entry)  
Free fun family BEETLE DRIVE

Saturday 30<sup>th</sup> September 1pm-3pm  
Jumble Sale

Fleggburgh Village Hall, Main Road,  
Fleggburgh, NR29 3AG

## Martham Bowls Club

The Martham Bowls Club is open over the summer for anyone to try bowls on:  
Saturday 9:30am - 11:30am drop-in.  
£1 for under 18's / £2.50 for adults.  
Children are very welcome, we have fun games available including those used on our stalls at Martham Carnival and Martham Scarecrow Festival.  
All equipment is provided.  
Flat trainers needed.  
Please wear sunscreen and hats on hot days.

Find us behind Martham Community Centre on Playing Field Lane, Martham, NR29 4SN.

## Big holiday Norfolk fun sessions for children ages 10+ with SEND. 24<sup>th</sup> July – 5<sup>th</sup> Sept

This activity is for young people aged 10 years + with SEND and/or EHCP (or in the process of assessments) We offer safe, fun and meaningful activities in our large house which is completely wheelchair accessible. We have lots of rooms hosting different activities such as arts & crafts, a sensory room, games room with pool table, cooking and much more!

Book online at  
[www.everymove.uk](http://www.everymove.uk)

## Caister kicks

Mini football tournaments for children ages 5-14yrs - all abilities.

Every Tuesday at 10am during the summer holidays It's every Tuesday in the school holidays commencing 25th July.

Based at Allendale playing field, Caister.  
£3 per person.

Medals given for winning teams.

07368890206  
[caisterkicksofficial@gmail.com](mailto:caisterkicksofficial@gmail.com)

## SATURDAY 2<sup>ND</sup> SEPT 2PM, All Saints Hall Parish, Scratby

Show entries open to ALL residents, schools, group & club members in the villages of Ormesby St Michael, Ormesby St Margaret, Scratby and California.

All welcome on show day!

Find us on   
"Ormesby Village Show"

Scan me to find out more!



Call Paola for further information  
07999 511551



....there's lots to see and do!

Refreshments served from 2pm to 3pm



## GREAT PRIZE RAFFLE!

Super prizes to be won, including Restaurant, Cinema, Gardening, Health and Beauty Vouchers  
Gardening prizes Hampers Food and Drink  
Craft Prizes Plants ....and lots more!!



Lots of exhibits to see  
Flowers Vegetables Decorative Baking Preserves Needlework Crafts Photography  
Children's Junior Section

Please join us on 2nd September from 2pm

## GREAT ORMESBY FETE

Saturday 26th August  
10-10pm



The Green, Ormesby St. Margaret

Live Music, Craft Beer & Cider, Great Food, Stalls etc

Free admission all day

enquiries: [osmevents@gmx.co.uk](mailto:osmevents@gmx.co.uk)

**12-Late** **ROLLESBY'S SUMMER FETE**

ALL MONIES RAISED ON THE DAY WILL BE SPLIT BETWEEN THE FUTURE COMMUNITY WOODLAND CHARITY & KING GEORGE V CHARITY.

**RUN BY THE COMMUNITY FOR THE COMMUNITY**

**SUN 6th AUGUST**

Come support your village support you in helping to fundraise for future projects within the parish

**DOG SHOW** Fun & Friendly

8 fun filled classes  
Bring along your four legged friends & enter **1-4**

**STALL HOLDERS & HELPERS NEEDED**

CONTACT FACEBOOK: ROLLESBY PAVILION RENTAL INFO

**Craft Stalls - Food & Drink - Raffle - Animals - Entertainment - Displays - Vintage Tractors - Live Music**

*£ MUCH, MUCH MORE, DETAILS TO FOLLOW*

**CAISTER Summer SOCIALS**

SPONSOR STILL WANTED...  
INSERT YOUR BUSINESS HERE

**Lifeboat WEEK**

FREE TO ATTEND

EVERYONE WELCOME

**MONDAY 31 JULY • 10 - 1 • CAISTER PLAYING FIELD NR30 5ES**

LET'S NAVIGATE THE SUMMER HOLIDAYS TOGETHER!

**Ludham Dragon Trail**

**24 JULY - 28 AUGUST 2023**

Come & find our Dragons!  
Lots of dragons to find around the village, once you have found them all & worked out the word/s - enter our prize draw for some great prizes

Maps can be found at Eleanor Rose Florist, Ludham Butchers, The Dog Inn or online

All donations and funds raised will go to Ludham Primary School & Nursery

**ROLLESBY YARD SALE**

PROCEEDS TO ROLLESBY COMMUNITY WOODLAND

**Sat 19th Aug**

MAPS AVAILABLE AT THE TACONS FARM THE DAY OF & BEFORE

**£5** per pitch

**NR29 5AJ**

EITHER AT THE COMFORT OF YOUR OWN HOME OR RENT A SPOT AT THE VILLAGE HALL

**9-1pm**

REGISTER YOUR SITE @ THE TACONS

**HOME Or AWAY**

PROUD SPONSORS OF ROLLESBY COMMUNITY WOODLAND

**STILL TIME TO SPONSOR A POST FOR THE WOODLAND**

CONTACT: 01493740755  
ROLLESBYCWOODLAND@OUTLOOK.COM

WWW.NORFOLKFARMERSMARKET.CO.UK WWW.KIMBERLEYHALL.CO.UK

**NORFOLK FARMERS MARKET PRESENTS FARMERS & MAKERS MARKET**

**AUGUST 20th 2023**

**KIMBERLEY HALL**

Barnham Broom Road, Wymondham NR18 0RT

**9AM-3PM**

**COFFEE MORNING**

FILBY BRIDGE RESTAURANT

**Saturday 22nd July**

**10:00 - 11:30am**

Gift in a Bag Raffle  
Tombola • Cakes  
Win a Hamper  
Refreshments

Proceeds to Norfolk Broads Methodist Circuit

Ormesby, Scratby & California Community Events Group Presents

**SUMMER FETE**

Starring

AB Enchanted, **\*FREE\*** Donkey Rides, Norwich STAR WARS UK, Mini Funfair Rides, RUFF Dog Agility & Show, All dogs on leads welcome, Phoenix Birds of Prey Rescue, Vikings plus Archery Range, Kev's Puppets & Pipes, Fun, Games & Music with CARRIE.

Raffle, Craft Stalls, Local Police Officer Stand, **FREE PARKING ONSITE**

**SATURDAY 22nd JULY 2023**

**11:00am - 10:30pm**

All Saints Parish Hall & Grounds, Scratby NR29 3AJ

Hot & Cold food, TOMBSTONE Local Brewery (real ales), PIAZZA WHEEL, Ice Cream, Doughnuts, Burgers etc.

osccommunityevents@gmail.com

**STOKESBY NORFOLK**

**SUMMER FETE**

**5th AUGUST 2023**

THE GREEN, STOKESBY, NR29 3EX  
2PM TO 5PM

**£250 RAFFLE PRIZE**

**DISNEY SINGALONG & FANCY DRESS**  
**THE MAUD WHERRY POP UP MUSEUM**

STALLS • GAMES • SHEEP • HOMEMADE CAKES • CRAFTS  
DOG SHOW • BEER TENT • HOT DRINKS  
BBQ • BEES & HONEY • FRESH PRODUCE  
LIVE MUSIC • BRITISH DEER SPECIES DISPLAY

FOR MORE INFORMATION VISIT:  
@STOKESBY VILLAGE - NORFOLK  
WWW.STOKESBY.ORG.UK

# Flegg photo keepsake of 2022-2023















# Safeguarding Bulletin – July 2023

Welcome to this safeguarding bulletin; the aim is to provide key messages and updates on safeguarding themes that can affect young people and families.

We hope you find the following information helpful. In September if you wish to discuss any of the themes in more detail or have any feedback linked to safeguarding, please call the academy on 01493 740349 and ask to speak to Miss Wildey or Mr Wilkinson. Alternatively, email [safeguarding@fleggoa.co.uk](mailto:safeguarding@fleggoa.co.uk)

All our various safeguarding documents, policies and other links can be found on the academy's website under **Key info/safeguarding**.

## Safeguarding Team at Flegg High Ormiston Academy



**Mr Wilkinson**  
Vice Principal & Designated  
Safeguarding Lead



**Miss Wildey**  
Deputy Designated  
Safeguarding Lead



**Mr Pull**  
Alternative Designated  
Safeguarding Lead &  
SENCO



**Pearl Brooke**  
LAC Keyworker & Alternative  
Designated Safeguarding  
Lead



**Jane Bennett**  
Principal &  
Alternative Designated  
Safeguarding Lead



**Vic Stolworthy**  
Vice Principal & Alternative  
Designated Safeguarding Lead



**Vic Nelson**  
Assistant Principal & Alternative  
Designated Safeguarding Lead



**Ali Bilyard**  
Engagement Lead &  
Alternative Designated  
Safeguarding Lead



**Chris Linehan**  
Assistant Principal & Alternative  
Designated Safeguarding Lead

## County Lines

County lines is not a new thing. You may have heard about it on the news or in TV shows like Hollyoaks. But beyond the headlines and scripts, it's a stark reality for many young people.

County lines is a form of criminal exploitation where criminals befriend children, either online or offline, and then manipulate them into drug dealing. The 'lines' refer to mobile phones that are used to control a young person who is delivering drugs, often to towns outside their home county.

Here are some things you might not know about county lines exploitation:

Young people aged 14-17 are most likely to be targeted by criminal groups but there are reports of seven year olds being groomed into county lines.

Primary school children are seen as easy targets because they're less likely to get caught. The grooming might start with them being asked to 'keep watch' but it soon escalates to them being forced to stash weapons, money, or become drug couriers.

County lines is everywhere.

Just because county lines may not get the coverage of other societal issues, it doesn't mean it's a small problem. In fact, 90% of police forces across the county have reported county lines activity in their area and they say the violence is getting worse. It's not just a 'big city' problem'. County lines is far reaching, with many smaller towns being affected.

For more information visit [www.childrenssociety.org.uk](http://www.childrenssociety.org.uk)

### **Countering Sextortion - National Cyber Security Centre**

Over the past few years there has been an evolution in online scamming. This relatively new phenomena involves attempting to extort internet users by claiming to possess compromising recordings of said user. The user will be threatened with the release of alleged indecent material, which will only be avoided through paying a ransom via bitcoin. The emails can be highly convincing, written in language designed to convince the recipient that the perpetrator that they have an advanced command of computers. This form of scamming can be highly successful, relative to other more easily detected scams. To find out more on what to do to prevent yourself becoming targeted visit [www.ncsc.gov.uk](http://www.ncsc.gov.uk)

### **Cyberbullying – Advice Safeguarding Network**

With the increasing use of technology, coupled with the growing numbers of social media and gaming platforms, the issue of cyberbullying has also increased. For some children and young people this has reportedly led to tragic consequences. The ability to hide behind technology means that some people are regularly being trolled by others.

Cyberbullying can take many forms:

- threats and intimidation
- harassment and stalking
- the forwarding of images (including nude / semi-nude images) and information that has been shared privately by the victim
- isolation or rejection (including by peer groups)
- defamation of character
- revealing sensitive or personal information about someone without their consent
- using tagging and/or memes to humiliate
- impersonating someone to belittle them
- creating or adding to an abusive poll about someone

Parents, carers, teachers and practitioners, must ensure we help children and young people stay safe when online, accepting that for most children and young people today *there is no differentiation between online and offline worlds.*

### **How cyberbullying happens**

Children and young people talked to Childnet about a range of ways that cyberbullying could be carried out, including:

- posting comments, messages, photos or screenshots that are mean, threatening, untrue, personal, secret or embarrassing
- anonymous messages or abuse (on social networks or online gaming)
- filming you or taking photos of you without your consent
- 'indirect' messages when you don't directly name someone, but everyone knows who you are talking about
- fake accounts or profiles
- excluding people from online conversations or talking behind your back

Participants also mentioned cyberbullying could be targeted on the grounds of gender, gender identity, sexual orientation, and race.

It is important that as staff and parents we listen to what we are being told and are prepared to talk about the impact of technology on children and young people, seeking advice if we do not understand the issues being discussed.

What can you do? Who can you report it to?

## **Mental Health**

Mental health is a state of mental well-being that enables people to cope with the stresses of life, realise their abilities, learn well and work well, and contribute to their community. It is an integral component of health and well-being that underpins our individual and collective abilities to make decisions, build relationships and shape the world we live in. Mental health is a basic human right.

Mental health is a subject that many of us find difficult to discuss, primarily because of a fear of saying the wrong thing and making matters worse. Mental ill health is however a prevalent issue, with it being estimated that around 1 in 6 children will experience some form of mental ill health at some point in their childhood. Research suggests this number is increasing. As with adults, the reasons behind a child's mental ill health can be varied, and whilst some children and young people do self-harm or contemplate taking their own lives, this is not the case for everyone.

## **What promotes good mental health?**

For children to remain mentally well they need:

- Good physical health (including good diet, sleep and regular exercise)
- To be able to explore and develop interests (through their environment, play and interaction with others)
- To feel part of a family (feeling as though they belong, get along with others, are loved, valued and safe)
- To be supported to learn, be optimistic and feel that they have a say
- To feel part of a community (e.g. school etc.)
- To be supported to cope when things do not go well and develop resilience to set backs
- To be supported to learn how to problem solve
- To have time away from the online world and away from electronic devices



## How can parents/carers support?

Talk with child or young person – talking is often key. It may be that the initial conversation is nothing to do with their mental health and instead is more general, but this will build up trust and understanding.

Identify places where the child or young person can find appropriate support material to go over in their own time at their own pace.

Encourage a healthy lifestyle (e.g. nutrition, sleep and exercise).

Help the child or young person understand what they are feeling – for example everyone has fears and worries about things and part of growing up is learning how to deal with these.

Get support for yourself – you don't need to know all the answers, however you do need to be sure that there is nothing further that can be done.

## Local Mental Health services



### Just One Number & Parentline

The Healthy Child Programme team can help you by providing health advice and information about your baby, child or young person. They are able to support you over the telephone, video call or text. Just call 0300 300 0123 or text 07520 631590 with any questions or concerns about your child's health, wellbeing or development.

This service is available from Monday – Friday 8am to 6pm and 9am to 1pm on Saturdays. The phone line can get very busy sometimes but you can leave a voicemail with your details, and a member of the team will call you back as soon as possible.

### Parentline 07520 631590

Parentline is a text service for parents/carers to get in touch about any parenting questions or concerns.

You might find it hard to call in to Just One Number during opening hours, or you may just prefer to chat by text with a health professional.

If you need advice about your child or young person's health or wellbeing, simply send a text and one of our team will text you back.

You can text at anytime on 07520 631590. A health professional from the 0-19 team will reply during their opening times. You can have the whole conversation by text if that works best for you, or the practitioner can call you.



ChatHealth is a secure and confidential text messaging service for young people. It allows patients to easily and anonymously get in touch with a healthcare professional for advice and support. 07480 635060



Young Minds are the UK's leading charity fighting for children and young people's mental health. Whether they need a reassuring conversation, specialist mental health support, or simply the knowledge that they are not alone in how they are feeling, they will make sure that all young people get the support that meets their needs, as quickly as possible.

You can call their Parents Helpline for detailed advice, emotional support and signposting about a child or young person up to the age of 25.

Call free on 0808 802 5544 from 9:30am to 4pm, Monday to Friday. [www.youngminds.co.uk](http://www.youngminds.co.uk)



### **NHS 111 mental health option**

NHS 111 option 2 is a helpline for people of all ages in Norfolk and Suffolk who need urgent mental health support. The helpline is available all day, every day.

If you are experiencing something that makes you feel unsafe, distressed or worried about your mental health, telephone the helpline:

Dial 111 and select the mental health option (option 2)

### **Who can call?**

The helpline is available to members of the public of any age, regardless of whether they are an existing service user.

The line is also open to other healthcare professionals, as well as social care colleagues and police personnel. This is for advice when working with individuals who are undergoing mental health difficulties or may wish to refer someone.

### **What happens when I call?**

A trained mental health professional answers calls and will be able to listen to your concerns and help you get the support you need.

### **What if I want to remain anonymous?**

If you would prefer that the person answering your call doesn't see your telephone number, you can turn off your caller ID in your phone's settings.



Kooth offers emotional and mental health support online for children and young people aged between 11 – 24 years and is available up to 10pm every day. [www.kooth.com](http://www.kooth.com)



Ormiston Families take early and preventative action to support families to be safe, healthy and resilient: all their services help people to build stronger networks, learn from experience and feel in control of their own wellbeing.

They work with families affected by offending, mental health & wellbeing and provide a growing range of innovative, emotional, physical and social wellbeing services within the East of England's local communities .

Tel: 01473 724517      Email: [enquiries@ormistonfamilies.org.uk](mailto:enquiries@ormistonfamilies.org.uk)



Childline is here to help anyone under 19 in the UK with any issue they're going through. You can talk about anything. Whether it's something big or small, their trained counsellors are there to support you.

For more information visit [www.childline.org.uk](http://www.childline.org.uk)



Norfolk Police are committed to keeping children safe. Staff and officers will look at every opportunity to protect children who are at risk. They work closely with our partners to investigate all levels of child abuse and make sure all children are safe from harm. If you are concerned that you or someone you know may be being abused please tell someone. If you think a child is in immediate danger contact the police straight away by calling 999.

For more information visit [www.norfolk.police.uk](http://www.norfolk.police.uk)



NSPCC services help children who've been abused, protect children at risk and find the best ways to prevent child abuse from ever happening.

As part of the fight for every childhood, the NSPCC work directly with children and families in service centres across the UK and Channel Islands and give support to thousands of adults and young people in need through the NSPCC helpline and Childline.

For more information visit [www.nspcc.org.uk](http://www.nspcc.org.uk)

### **Bereavement**



Nelson's Journey supports children and young people in Norfolk who've experienced the death of a significant person. They provide a range of resources and services and accept referrals from families and professionals for those who may need our support.

For more information contact [enquiries@nelsonsjourney.org.uk](mailto:enquiries@nelsonsjourney.org.uk) / 01603 431788 or visit [www.nelsonsjourney.org.uk](http://www.nelsonsjourney.org.uk)

### **And lastly a safety guide on 'How to Stay Safe Online this Summer'.**

With the school summer holidays only a matter of days away, many parents and carers will already be planning outings and activities to keep their young ones entertained. In between

those special summer moments, though, there are also likely to be occasions when children happily invest a whole afternoon in Among Us or spend most of their Monday on Minecraft.

As young people's screen time almost inevitably increases over the holidays, parents like to feel confident that their child will stay safe while they're exploring the digital world. National Online Safety have a guide with some simple solutions to help children avoid frequent online pitfalls and enjoy a more positive experience when they go online this summer.

[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)



# Flegg High Ormiston Academy

## Information for 2023-2024

**PLEASE KEEP THIS BOOKLET SAFE TO REFER TO ALL YEAR**

### **School day**

8.30am-3pm (students should be onsite by 8.25am, registration is at 8.30am)

Form time/assembly 8.30am-9am, P1 9am-10am, P2 10am-11am, Break 11am-11.20am, P3 11.20am-12.20pm, P4 12.20pm-1.20pm, Lunch 1.20pm-2pm, P5 2pm-3pm

### **Essential uniform/equipment/kit**

Full Flegg uniform (refer to uniform list)

Blue, black & green pen, pencil, eraser, ruler and calculator in a pencil case (preferably clear)

Full Flegg PE kit (refer to uniform list)

Reading book

Reminders: No hoodies, extreme hair colouring, shaved head, nail varnish, false nails, false eyelashes, excessive makeup, jewellery, piercings or retainers.

### **Key contacts**

Main school number for all staff: 01493 740349

Y7 Year Leader Sept 23 – Jan 24: Mrs Thurtle  
rthurtle@fleggoa.co.uk

Y7 Year Leader from Jan 24: Mr Mclean wmclean@fleggoa.co.uk

Y8 Year Leader: Mr Hallam mhallam@fleggoa.co.uk

Y9 Year Leader: Mr Nelson bnelson@fleggoa.co.uk

Yr10 Year Leader: Mrs Williams-Barry abarry@fleggoa.co.uk

Yr11 Year Leader: Mr Bending mbending@fleggoa.co.uk

Pastoral Manager: Mrs Thurtle rthurtle@fleggoa.co.uk

Principal's PA: Mrs Spooner principalsoffice@fleggoa.co.uk

Finance Officer: Mrs Gerken jgerken@fleggoa.co.uk

Office Manager: Miss Leeming cleeming@fleggoa.co.uk

### **Student absence contacts**

01493 749325 / attendance@fleggoa.co.uk

Attendance Officer: Mrs Dyball

Student absence must be reported by 9am on each day of absence.

### **Website**

[www.fleggormistonacademy.co.uk](http://www.fleggormistonacademy.co.uk)

### **Social Media**

Follow us on Facebook, Twitter and Instagram.

Mon 4<sup>th</sup> & Tue 5<sup>th</sup> Sept: Inset days (no students in school)

Wed 6<sup>th</sup> Sept: Year 7 & 11 only

Thur 7<sup>th</sup> Sept: All year groups return to school

Tue 12<sup>th</sup> Sept: Year 7 Information evening 5.30pm-6.15pm

Wed 13<sup>th</sup> Sept: Year 8 Information evening 5.30pm-6.15pm

Wed 13<sup>th</sup> Sept: Year 9 Information evening 6.30pm-7.15pm

Thur 14<sup>th</sup> Sept: Year 10 Information evening 5.30pm-6.15pm

Thur 14<sup>th</sup> Sept: Year 11 Information evening 6.30pm-7.15pm

Tue 19<sup>th</sup> Sept: Student individual photos

Thur 21<sup>st</sup> Sept: Open evening 5pm-8pm

Fri 20<sup>th</sup> Oct: Last day of half term 1

Mon 23<sup>rd</sup> - Fri 27<sup>th</sup> Oct: Half Term

Mon 30<sup>th</sup> Oct: First day of half term 2

Fri 17<sup>th</sup> Nov: Non-uniform day

Sat 18<sup>th</sup> & Sun 19<sup>th</sup> Nov: Christmas Market 10am-4pm

Mon 20<sup>th</sup> Nov: Y11 group photo

Fri 24<sup>th</sup> Nov: Inset day (no students in school)

Thur 30<sup>th</sup> Nov: Y10 Progress evening 3.30pm-6.30pm

Fri 8<sup>th</sup> Dec: Christmas jumper day

Thur 14<sup>th</sup> Dec: Christmas showcase 6pm-7.30pm

Fri 15<sup>th</sup> Dec: Year 11 Rewards trip

Mon 18<sup>th</sup>/Tue 19<sup>th</sup> Dec: Year 7-10 Rewards trips

Wed 20<sup>th</sup> Dec: Last day of term

Thur 21<sup>st</sup> Dec - Tue 2<sup>nd</sup> Jan: Xmas holiday

Wed 3<sup>rd</sup> Jan: Inset day (no students in school)

Thur 4<sup>th</sup> Jan: First day of term

Thur 11<sup>th</sup> Jan: Y11 Progress evening 3.30pm-6.30pm

Thur 8<sup>th</sup> Feb: Y9 Progress evening 3.30pm-6.30pm

Fri 16<sup>th</sup> Feb: Last day of half term 3

Mon 19<sup>th</sup> - Fri 23<sup>rd</sup> Feb: Half term

Mon 26<sup>th</sup> Feb: First day of half term 4

Fri 22<sup>nd</sup> Mar: Non-uniform day

Sat 23<sup>rd</sup> Mar: Easter Fayre

Thur 28<sup>th</sup> Mar: Last day of term

Fri 29<sup>th</sup> Mar - Fri 12<sup>th</sup> Apr: Easter holiday

Mon 15<sup>th</sup> Apr: First day of term

Thur 2<sup>nd</sup> May: Y8 Progress evening 3.30pm-6.30pm

Mon 6<sup>th</sup> May: Bank holiday

Thur 23<sup>rd</sup> May: Year 7 Progress evening 3.30pm-6.30pm

Fri 24<sup>th</sup> May: Last day of half term 5

Mon 27<sup>th</sup> - Fri 31<sup>st</sup> May: Half term

Mon 3<sup>rd</sup> Jun: First day of half term 6

Sat 22<sup>nd</sup> Jun: Summer Fayre

Thur 27<sup>th</sup> Jun: Rewards evening 6pm-7pm

Mon 8<sup>th</sup>-Thur 11<sup>th</sup> Jul: Enrichment week

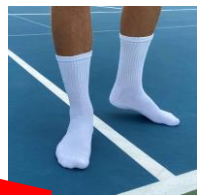
Fri 12<sup>th</sup> Jul: Sports day

Fri 19<sup>th</sup> Jul: Last day of term

# Flegg School Uniform



Light blue short or long sleeved shirt, navy blazer with logo, navy trousers or skirt 22" or longer, 2 tone blue tie with logo, black tights or socks (Flegg v-neck woolen jumper optional)




No boots, trainers, hoodies, white socks or socks with logos. Skirts must not be rolled up at the waist

# Flegg Dance Kit



Black leggings and black short sleeved or long sleeved leotard or black t-shirt or black shorts and t-shirt or Flegg PE kit (blue shorts and white polo shirt)

This section shows approved dance kit items. It includes three images of black leggings, two images of black leotards (one short-sleeved, one long-sleeved), two images of black t-shirts, and two images of black shorts with a white polo shirt. A large green checkmark is overlaid on the images.



No tights, short shorts, cycling shorts, vest tops or midriff tops

Dance kit should never be worn to and from the academy

This section shows disapproved dance kit items. It includes images of tights, short shorts, cycling shorts, and vest tops. A large red X is overlaid on the images.

# Flegg PE Kit



Plain navy shorts/joggers/skort, white polo shirt, 2 tone blue rugby top & trainers (PE jumper is optional)

This section shows approved PE kit items. It includes three images of boys in white polo shirts and navy shorts, two images of girls in white polo shirts and navy shorts, one image of a navy hoodie, one image of a 2-tone blue rugby top, and one image of white trainers. A large green checkmark is overlaid on the images.



No short shorts, cycling shorts, sportswear with logos, hoodies or canvas shoes

This section shows disapproved PE kit items. It includes images of short shorts, cycling shorts, sportswear with logos, hoodies, and canvas shoes. A large red X is overlaid on the images.



## Flegg High Ormiston Academy School Uniform from September 2023

Blazer	Navy blue, tailored blazer with the school logo (can only be purchased at Harrisons)
Jumper (Optional)	Navy blue woollen V neck jumper with the school logo (can only be purchased at Harrisons) Or Plain navy blue woollen V neck jumper (can be purchased from any other outlet)
Shirt	Plain light blue short or long sleeved shirt (can be purchased at Harrisons or any other outlet)
Tie	Logo'd 2 tone blue tie (can only be purchased at Harrisons or the Academy)
Skirt	Navy blue 4 drop pleat 22" length skirt or longer to ensure skirt is knee length (can be purchased from either Harrisons or any other outlet but must look the same and meet the specification of being navy blue 4 drop pleat skirt that is a minimum of 22" in length)
Trousers	Navy blue boys/girls tailored trousers (can be purchased at Harrisons or any other outlet but must be tailored trousers and not skinny legged or cropped)
Shoes	Black flat shoes - boots or canvas style shoes are not permitted (can be purchased from any outlet)
Socks / Tights	Black socks and tights (can be purchased from any outlet) - No other colour socks are permitted
PE Top	White polo shirt with school logo (can only be purchased at Harrisons) or Plain white polo shirt (can be purchased from any other outlet)
Rugby Top	2 tone blue rugby top (can only be purchased at Harrisons)
Shorts	Navy blue sports shorts (can be purchased at Harrisons or any other outlet)
Skort	Navy blue skort (can be purchased at Harrisons or any other outlet)
Tracksuit Bottoms	Navy blue tracksuit bottoms (can be purchased at Harrisons or any other outlet)
Sports Socks	White sports socks (can be purchased from any outlet)
Trainers	Trainers - any colour (can be purchased from any outlet)
PE Sweatshirt (Optional)	Navy blue sweatshirt with school logo (can only be purchased at Harrisons but is an optional item)
PE Waterproof Rain Jacket (Optional)	Navy blue waterproof rain jacket with school logo (can only be purchased at Harrisons but is an optional item)
Dance Kit	Black leggings/jogging bottoms/shorts with black leotard/t-shirt (can be purchased from any outlet) or Normal PE Kit: White polo shirt with school logo/plain white polo shirt and navy shorts

# Flegg Expectations

## Coats & Jackets

Navy blue or black are the preferred colour for outer garments worn when travelling to and from the academy. Denim jackets and hooded sweatshirts are not permitted. Coats/jackets should be free from slogans.

## Outer Garments

Coats, hats & scarves are not to be worn during lessons, assemblies or in the canteen. Hats, scarves and hoods should be removed whilst in corridors. Outer garments should be free from slogans.

## Clothing

All uniform and clothing must be clearly marked with the owner's name, including coats and PE kit.

## Jewellery

Jewellery is NOT permitted, this includes earrings, studs, rings, bracelets, necklaces or any other jewellery items. Students may wear a watch. Body modifications or piercings are NOT allowed and students will be placed into Ready to Learn until this is rectified. Clear retainers and piercings covered by medical tape are also not permitted as they do not meet our uniform expectations.

## Belts

A plain black belt is permitted with trousers, belts should not have decorative buckles.

## Hair

Extreme hair colouring/styles are not permitted, no shaved head, colours should only be natural hair colours, hair colour cannot be two tone. Patterns should not be shaved into hair.

## Make-up

Make-up is unnecessary, but if worn should be 'natural looking' and not obvious. False eyelashes are not permitted.

## Nails

Nail varnish, french manicured tips, acrylics and/or adornments are not permitted.

## Non-uniform days

Non-uniform days are used to raise awareness and funds for charities. In these circumstances, the clothes worn by students must still comply with these fundamental principles:

- They must be safe and practical for school use.
- They must not promote unacceptable messages – drugs, violence, racism etc.
- They must not conceal identity.
- They must not be indecent – no low cut or mid-drift tops or excessively short skirts/shorts.
- No jewellery is to be worn.
- No coats, scarves or hats are to be worn in the building.
- No extreme hair colour.
- No false nails/eyelashes/excessive or obvious makeup.

## Mobile Phones

Mobile phones should never be seen or heard. While we understand there may be times when students need their phone to and from the academy they should not be visible during the school day including break and lunch times and they will be confiscated if seen.

## Flegg essential equipment



Bag, black, blue and green pen, pencil, eraser, 30cm ruler, calculator and pencil case (preferably clear)

### Pastoral support

At Flegg High Ormiston Academy, we have a team of pastoral staff to support your child's wellbeing and welfare. We strongly believe that for students to achieve their full potential, they must feel safe, supported and challenged. As a result of this, we have an experienced team who are dedicated to supporting young people and their families, helping to remove any potential barriers they may face.

Form Tutors help to support your child pastorally through daily contact in morning form, academic target-setting and also informally throughout the day around the academy. Any general queries can be directed to your child's Form Tutor because they are able to provide a more holistic view of how they are performing across the Academy.

Our Year Leaders are responsible for leading their team of Form Tutors and carry overall strategic responsibility for the pastoral care and academic progress of their students. Their role is to ensure high standards across all areas relating to their year groups; including curriculum, behaviour, attendance and progress. Any behaviour concerns should be directed towards Year Leaders.

Year Leaders are well supported by the Pastoral Manager and Pastoral Assistants. Their primary responsibility is to provide welfare and guidance to both students and families, so that students can maintain their focus on learning. Any communication regarding medication, uniform, external agency involvement and welfare concerns should be directed to the Pastoral Assistant for your child's year.

Year 7 Year Leader Setp23 – Jan 24: Mrs Thurtle [rthurtle@fleggoa.co.uk](mailto:rthurtle@fleggoa.co.uk)

Year 7 Year Leader from Jan 24: Mr Mclean [wmclean@fleggoa.co.uk](mailto:wmclean@fleggoa.co.uk)

Year 8 Year Leader: Mr Hallam [mhallam@fleggoa.co.uk](mailto:mhallam@fleggoa.co.uk)

Year 9 Year Leader: Mr Nelson [bnelson@fleggoa.co.uk](mailto:bnelson@fleggoa.co.uk)

Year 10 Year Leader: Mrs Williams-Barry [abarry@fleggoa.co.uk](mailto:abarry@fleggoa.co.uk)

Year 11 Year Leader: Mr Bending [mbending@fleggoa.co.uk](mailto:mbending@fleggoa.co.uk)

Year 7 Pastoral Assistant: Mrs Martin [mmartin@fleggoa.co.uk](mailto:mmartin@fleggoa.co.uk)

Year 8 Pastoral Assistant: Miss Fogden [lfogden@fleggoa.co.uk](mailto:lfogden@fleggoa.co.uk)

Year 9 Pastoral Assistant: Miss Scott-Greenard [iscottgreenard@fleggoa.co.uk](mailto:iscottgreenard@fleggoa.co.uk)

Year 10 Pastoral Assistant: Miss Beggs [kbeggs@fleggoa.co.uk](mailto:kbeggs@fleggoa.co.uk)

Year 11 Pastoral Assistant and Pastoral Manager: Mrs Thurtle [rthurtle@fleggoa.co.uk](mailto:rthurtle@fleggoa.co.uk)

Designated Safeguarding Lead: Mr Wilkinson [pwilkinson@fleggoa.co.uk](mailto:pwilkinson@fleggoa.co.uk)

Deputy Safeguarding Lead: Miss Wildey [awildey@fleggoa.co.uk](mailto:awildey@fleggoa.co.uk)