Additional keywords: force, Newton, Newton meter, squash, stretch, friction, drag, air resistance, water resistance, gravity, stationary, speed, average speed, relative motion, acceleration, deceleration, constant speed, gradient

## What is a force?

A force can be a push or a pull. You cannot see a force but you can see what it does. When a force is exerted on an object it can;

- Change the object's speed,
- Change the movement of an object (speed it up or slow it down)
- Change the shape of the object.

A Newton meter is used to measure
force. They contain a spring connected to a metal hook. The spring stretches when a force is hung on the hook. The bigger the force applied, the longer the spring and the bigger the reading, which is measured in Newtons.

Forces can be contact forces, such As drag, friction and air resistance.
Or non-contact forces, such as
Magnetism, gravity and static.

## Calculating speed

Speed is a measure of how fast something or somebody is moving.
A formula triangle is a quick way to calculate the speed, distance


$$
\begin{aligned}
& \text { For example: } \\
& \begin{array}{l}
D=S \times T \\
S=D \div T \\
T=D \div S
\end{array}
\end{aligned}
$$

The unit used for speed depends on the units for distance and time. For example:

- $\quad$ Distance $=\mathbf{m}$ (metres); Time $=\mathbf{s}$ (seconds); Speed $=\mathrm{m} / \mathrm{s}$


## Resultant forces

When two forces acting on an object are not equal in size, we say that they are unbalanced forces. The overall force acting on the object is called the resultant force. If the forces are balanced, the resultant force is zero. In this case;

- a stationary object starts to move in the direction of the resultant force
- a moving object changes speed and/or direction in the direction of the resultant force
The resultant force is the difference between the two forces:
The greater the resultant force, the greater the change in the motion of the object. Whether a moving object speeds up, or slows down, depends on the direction of the resultant force:
- the object speeds up if the resultant force acts in the direction of movement
- the object slows down if the resultant force acts opposite to the direction of movement


## Changing speeds

You can find the average speed of an object if you know:

- the distance travelled
- the time taken to travel that distance

You can calculate average speed using this equation:
average speed $=$ distance $\div$ time
The change in the motion of an object depends upon:

- the size of the resultant force
- the direction of the resultant force

An object speeds up, or accelerates, if the resultant force acts in the direction of movement
An object slows down, or decelerates, if the resultant force acts opposite to the direction of movement.

## Distance-time graphs

A distance-time graph shows how the distance moved from a starting point changes over time


In a distance-time graph:

- distance travelled is plotted on the vertical (y) axis
- time taken is plotted on the horizontal ( x ) axis The gradient (slope) of the line is equal to the speed. This means that the line is:
- horizontal for a stationary object (because the distance stays the same)
- a straight diagonal for an object moving at a constant speed
The steeper the line, the greater the gradient and the greater the speed.


## KS3 Science Year 7 - Forces

## Additional keywords: weight, non-contact force, mass, gravitational field

 strength, field,
## Investigating speed

You can investigate the acceleration of an object using a trolley on a ramp.
In class you may have investigated the effect of increasing force on the acceleration of a trolley (car).
In this case;
The thing you are changing (the independent variable) is the force acting on the trolley (using mass (grams).
The thing you are measuring (the dependent variable) is the time taken for the trolley to travel a set distance.
The things you must keep the same (control variables) are;

- The trolley
- The distance travelled
- The person using the stopwatch



## Analysing data - means, anomalies and outliers

Scientists use data as evidence of their results when testing theories or hypotheses.
In order to overcome errors when collecting data, it is good practise to repeat experiments at least 3 times. This is to avoid reporting a false result caused by human or equipment errors. For example, a faulty thermometer, or a broken mass balance. Other errors could be caused by someone reading the incorrect reading on a measuring device.

To make our data more reliable we take repeat readings, usually at least 3 . This allows us to calculate a mean value. When calculating a mean value you must ignore any anomalies, or outliers. These are results which do not fit your expected result. For example, below Trial 3 does not fit our pattern and so we exclude it from calculating our mean;

## Mass and Weight

The mass of an object is the amount of matter or 'stuff' it contains. The more matter an object contains, the greater its mass.

Mass is measured in kilograms, kg .
Don't confuse mass and weight. Remember that weight is a force that acts upon a mass, and is measured in newtons, N .

An object's mass stays the same wherever it is. So a 5 kg mass on Earth has a 5 kg mass on the Moon.

The weight of an object is the gravitational force between the object and the Earth. The weight of an object depends upon its mass and the gravitational field strength.

## Video link

## Gravity

Gravity is a force that attracts objects towards each other. Gravity only becomes noticeable when there is a really massive object like a moon, planet or star. We are pulled down towards the ground because of gravity.
The gravitational force pulls in the direction towards the centre of any object. So we are pulled towards the centre of the Earth.
Gravitational field strength is given the symbol $g$. Do not confuse this with g for grams. You can use this equation to calculate the weight of an object:

## weight in $\mathrm{N}=$ mass in $\mathrm{kg} \times$ gravitational field strength in $\mathrm{N} / \mathrm{kg}$

On Earth, g is about $10 \mathrm{~N} / \mathrm{kg}$. This means that a 2 kg object on

## Astronauts journey

In rocket flight, forces become balanced and unbalanced all the time. A rocket on the launch pad is balanced: The surface of the pad pushes the rocket up while gravity tries to pull it down.


As the engines are ignited, the thrust from the rocket unbalances the forces, and the rocket travels upward.
When the rocket runs out of fuel, it slows down,
stops at the highest point of its flight, then falls back to Earth
Objects in space also react to forces. A spacecraft moving through the solar system is in constant motion. The
spacecraft will travel
in a straight line if the
forces on it are

balanced.
This happens only when the spacecraft is very far from any large gravity source such as Earth or the other planets and their moons.
If the spacecraft comes near a large body in space, the gravity of that body will unbalance the forces and curve the path of the spacecraft.

This happens, in particular, when a satellite is sent by a rocket on a path that is parallel to Earth's surface. If

